RESOURCES GUIDE

LINN, BENTON, AND LINCOLN COUNTIES

Helping you find community services.

Community Services Consortium
www.communityservices.us
Resources Guide Acknowledgement and Updates

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A PDF version of this Resources Guide is available at Community Services Consortium's Web site (www.communityservices.us) and is kept current with all content changes.

Updates to this Resources Guide should be forwarded to:

Administration Department
Community Services Consortium
250 Broadalbin St, SW, Ste 2A
Albany, OR 97321
info@communityservices.us

Printed copies of this Resources Guide may be ordered directly from:

406 First Ave, W – Albany OR 97321
541-928-3322

Information to include with update requests (please print clearly):
Date of submission
Effective date of change
Contact person Name
Telephone
E-mail
Section heading
Agency Name
Address
Telephone
Web site
E-mail (general)
Hours
Service description

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<table>
<thead>
<tr>
<th>Section</th>
<th>Programs</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adult Job Programs</strong></td>
<td>Career/Job Skills Training</td>
<td>541-758-2758</td>
</tr>
<tr>
<td></td>
<td>Job Search, Resumes, Job Applications, Interview Preparation</td>
<td>Linn County 541-928-6335</td>
</tr>
<tr>
<td><strong>Education Programs</strong></td>
<td>Head Start Pre-Kindergarten</td>
<td>Lincoln City 541-996-3028</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Newport 541-574-7690</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Toledo 541-336-5113</td>
</tr>
<tr>
<td></td>
<td>High School Credit or Diploma Completion, GED</td>
<td>Benton County 541-758-2631</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lincoln County 541-574-2290</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Linn County 541-243-3911</td>
</tr>
<tr>
<td><strong>Food Programs</strong></td>
<td>Food Boxes</td>
<td>Benton and Linn Counties 541-752-1010</td>
</tr>
<tr>
<td></td>
<td>Gleaning</td>
<td>541-758-2645</td>
</tr>
<tr>
<td><strong>Health Insurance Programs</strong></td>
<td>Oregon Healthcare Marketplace</td>
<td>Lincoln County 541-961-4073</td>
</tr>
<tr>
<td><strong>Housing Programs</strong></td>
<td>Discrimination Hotline</td>
<td>541-704-7649</td>
</tr>
<tr>
<td></td>
<td>Rent or Security Deposits</td>
<td>Benton County 541-752-1010</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lincoln County 541-574-2280</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Linn County 541-928-6335</td>
</tr>
<tr>
<td></td>
<td>Rental Problems (Second Chance Classes)</td>
<td>Benton &amp; Linn Counties 541-758-2632</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lincoln County 541-574-2281</td>
</tr>
<tr>
<td></td>
<td>Veteran (Homeless or in Danger of Being Homeless)</td>
<td>541-704-7638</td>
</tr>
</tbody>
</table>
Utility Programs

Heating Bill

- Benton County: 541-752-2840
- Lincoln County: 541-265-3293
- Linn County: 541-926-7163

Weatherization: 541-758-2610

Youth Programs

Work, High School Completion, GED, Job Skills Development

- Benton County: 541-758-2631
- Lincoln County: 541-574-2290
- Linn County: 541-758-2631

COMMUNITY SERVICES CONSORTIUM
OFFICE LOCATIONS

Benton County
545 SW Second Street, Suite A (second floor)
Corvallis, OR 97333
541-752-1010

Lincoln County
120 NE Avery Street, (second floor)
Newport, OR 97365
541-265-8505

Linn County
250 Broadalbin Street, SW, Suite 2A (second floor)
Albany, OR 97321
541-928-6335

The River Center
3000 South Santiam Highway
Lebanon, OR 97355
541-928-6335
Mid-Willamette Valley

Benton and Linn Counties
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABUSE</td>
<td>1</td>
</tr>
<tr>
<td>ALCOHOL &amp; DRUG ABUSE</td>
<td>2</td>
</tr>
<tr>
<td>BIRTH CONTROL &amp; FAMILY PLANNING</td>
<td>4</td>
</tr>
<tr>
<td>CHILDREN</td>
<td>4</td>
</tr>
<tr>
<td>CLOTHING</td>
<td>8</td>
</tr>
<tr>
<td>Benton County</td>
<td>8</td>
</tr>
<tr>
<td>Linn County</td>
<td>9</td>
</tr>
<tr>
<td>CRISIS INTERVENTION &amp; ASSISTANCE</td>
<td>11</td>
</tr>
<tr>
<td>DENTAL</td>
<td>12</td>
</tr>
<tr>
<td>DISABILITY</td>
<td>13</td>
</tr>
<tr>
<td>EDUCATION</td>
<td>15</td>
</tr>
<tr>
<td>Alternative Schools</td>
<td>15</td>
</tr>
<tr>
<td>General Education Development (GED) Preparation</td>
<td>16</td>
</tr>
<tr>
<td>Head Start</td>
<td>16</td>
</tr>
<tr>
<td>Other Education Resources</td>
<td>16</td>
</tr>
<tr>
<td>EMPLOYMENT</td>
<td>18</td>
</tr>
<tr>
<td>FINANCIAL SERVICES</td>
<td>20</td>
</tr>
<tr>
<td>FOOD</td>
<td>22</td>
</tr>
<tr>
<td>FOOD PANTRIES</td>
<td>24</td>
</tr>
<tr>
<td>Benton County</td>
<td>24</td>
</tr>
<tr>
<td>Linn County</td>
<td>25</td>
</tr>
<tr>
<td>FOOD – SOUP KITCHENS &amp; MEAL SITES</td>
<td>26</td>
</tr>
<tr>
<td>Benton County</td>
<td>26</td>
</tr>
<tr>
<td>Linn County</td>
<td>27</td>
</tr>
<tr>
<td>FOOD &amp; FIREWOOD GLEANING</td>
<td>28</td>
</tr>
<tr>
<td>FURNITURE &amp; HOUSEHOLD ITEMS</td>
<td>29</td>
</tr>
<tr>
<td>GAMBLING</td>
<td>30</td>
</tr>
<tr>
<td>HOUSING</td>
<td>31</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>33</td>
</tr>
<tr>
<td>INFORMATION &amp; REFERRAL</td>
<td>33</td>
</tr>
<tr>
<td>Support Groups</td>
<td>35</td>
</tr>
<tr>
<td>LEGAL &amp; MEDIATION ASSISTANCE</td>
<td>36</td>
</tr>
<tr>
<td>MEDICAL</td>
<td>37</td>
</tr>
<tr>
<td>Sexually Transmitted Disease (STD)</td>
<td>40</td>
</tr>
<tr>
<td>MEDICAL HEALTH INSURANCE</td>
<td>41</td>
</tr>
<tr>
<td>MENTORING</td>
<td>41</td>
</tr>
<tr>
<td>PREGNANCY &amp; PARENTING SUPPORT</td>
<td>42</td>
</tr>
<tr>
<td>SENIORS</td>
<td>43</td>
</tr>
<tr>
<td>SHELTERS FOR HOMELESS</td>
<td>45</td>
</tr>
<tr>
<td>TRANSPORTATION</td>
<td>47</td>
</tr>
<tr>
<td>UTILITIES</td>
<td>48</td>
</tr>
<tr>
<td>VETERANS</td>
<td>49</td>
</tr>
</tbody>
</table>
ABUSE

ABC House: Child abuse counseling.
  Albany: 1054 29th Ave, SW .................................................. 541-926-2203
  www.abchouse.org ......................................................... info@abchouse.org

Adult Protective Services: Investigates reports of abuse and/or neglect of adults with disabilities; information.
  Albany: 1400 Queen Ave, SE, Ste 206 ...................... 541-967-8630
  Toll-free ........................................................................... 800-638-0510
  Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Canyon Crisis Center: Operates a 24-hr hotline; helps women and children who are victims of domestic and sexual violence.
  Mill City: 475 NW Santiam Blvd ......................... 503-897-2327

Center Against Rape and Domestic Violence (CARDV): 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.
  Corvallis office: 4786 SW Philomath Blvd ............. 541-758-0219
  24-hr hotline ................................................................... 541-754-0110
  24-hr hotline Toll-free ................................................. 800-927-0197
  www.cardv.org ............................................................. info@cardv.org

  Albany: 118 2nd Ave, SE, Ste C ................................... 541-967-2060
  Corvallis: 555 NW 5th St .............................................. 541-757-4121
  Hotline: Benton, Lincoln, and Linn Counties .............. 541-757-5019
  Toll-free ........................................................................... 866-303-4643
  Mon-Fri 8:00 am - 5:00 pm
  After hours/weekends, call police................................. 9-1-1

Childsafe Program: Provides group counseling for children who have been sexually abused and for their non-abusive parents.
  Corvallis: Old Mill Center, 1650 SW 45th Pl ............. 541-757-8068
  www.oldmillcenter.org
  Mon-Fri 7:30 am - 5:30 pm

HOPE, Inc.: Emergency shelter for Linn County abused and homeless women.
  Sweet Home ................................................................. 541-367-4673
  Mon-Fri 9:00 am - 5:00 pm

Linn County Department of Health Services Developmental Disability Protective Services:
  Albany: 314 4th Ave, SW .............................................. 541-967-3890
  ................................................................................. linncddp@co.linn.or.us

National Child Abuse Hotline: Toll-free .................................. 800-422-4453
National Domestic Violence Hotline: For anyone scared of their partner and needing to talk.

Toll-free: 800-799-7233
TTY voice: 800-787-3224

Oregon Cascades West Council of Governments Senior and Disability Services: Elder abuse.

Linn and Benton Counties

Albany: 1400 Queen Avenue, SE, Ste 206................. 541-967-8630
www.ocwcog.org
Mon-Fri 8:00 am - 5:00 pm

Toll-free: 800-638-0510

Oregon Department of Human Services (DHS) Children, Adults, and Families Division: Temporary financial assistance to domestic violence survivors.

Albany: 118 2nd Ave, SE, Ste C............................. 541-967-2078

Police: Emergency: 9-1-1

Restraining Orders (Temporary): Issued under Abuse Prevention Act.

Benton County/Corvallis: 120 NW 4th St...541-766-6705 or 541-766-6813
Linn County/Albany: 300 4th Ave, SW, Rm 107......... 541-967-3845

ALCOHOL & DRUG ABUSE

24 Hour Addictions Referral Network: Toll-free ............. 800-577-4393

Al-Anon and Alateen: Support to families and friends of alcoholics.

Albany: 330 5th Ave, SW #207..................(leave message) 541-967-6262
www.oregonal-anon.org

Alcohol and Drug Help Line: Toll-free ..................800-923-HELP (4357)

Alcohol-Drug Treatment Referrals: Toll-free ............. 800-996-3784

Alcoholics Anonymous (AA) of Linn and Benton Counties: Alcohol problems shared; small-group meetings designed to help stop drinking.

Albany: 541-967-4252 or 541-967-6243

Communities Helping Addicts Negotiate Change Effectively (CHANCE): Recovery support, classes, smoking cessation.

Albany: 238 3rd Ave, SE..................................... 541-791-3411

Lebanon: 365 S Main........................................... 541-258-6959
Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

Community Outreach, Inc. (COI): Drug and alcohol treatment program.

Corvallis: 865 NW Reiman Ave.............................. 541-758-3000

County Alcohol and Drug Treatment Programs:

Benton County Health Department:

Corvallis: 530 NW 27th St................................. 541-766-6835

www.co.benton.or.us/health
Linn County Alcohol & Drug Program: Intensive outpatient alcohol and drug treatment for adults and adolescents; school prevention program, gambling addiction treatment for Linn and Benton Counties; housing assistance, sliding fee scale.

Albany: 104 4th Ave, SE .................................................... 541-967-3819
Lebanon: 1600 S Main St .................................................. 541-451-5932
Sweet Home: 799 Long St ................................................ 541-367-3888
www.co.linn.or.us/health

Emergence: (formerly Aces) Adult addiction and behavioral therapies, diversion programs.

Albany: 1856 Grand Prairie Rd, SE ...................................... 541-967-6597
TTY ................................................................. 541-967-6879
Corvallis: 425 SW Madison Ave, Ste O ............................ 541-758-8022
TTY ................................................................. 541-758-0725
Lebanon: 1780 S Main St .................................................. 541-258-7732
www.4emergence.com

Gambling Treatment:
Linn and Benton Counties/Albany ........................................ 541-967-3819
Toll-free ............................................................................. 877-278-6766

Lines for Life: Preventing substance abuse and suicide.
Toll-free ................................................................. 800-273-8255
www.linesforlife.org

Milestones Family Recovery Program: Women's residential alcohol and drug rehabilitation center.

Corvallis: 306 SW 8th St .................................................... 541-738-6832
www.milestonesrecovery.com

Narcotics Anonymous: Linn, Benton, and Lincoln Counties.
Toll-free ............................................................................. 877-233-4287


Corvallis: 557 NW Monroe Ave ........................................... 541-766-3540

Oregon Partnership Alcohol and Drug: Toll-free ................. 800-621-1646

Pacific Northwest Adult and Teen Challenge: A faith-based Christian Discipleship Program for people suffering from life-controlling problems, such as drugs or alcoholism.

Shedd: Willamette Valley Campus, 31700 Fayetteville Dr ... 541-491-1002
www.teenchallengepnw.com/vvmc ....info.wvmc@teenchallengepnw.com

Poison Control Drug Information: Toll-free ......................... 800-222-1222

Serenity Lane: Assessment and treatment of substance abuse, detoxification.

Albany: 1050 Price Rd, SE ................................................ 541-928-9681
www.serenitylane.org/outpatient_albany.html ........ info@serenitylane.org

Youth Line: 24-hr drug and alcohol help line.
Toll-free ............................................................................. 877-553-8336
4:00 pm - 10:00 pm – talk with peers about youth issues
BENTON COUNTY HEALTH DEPARTMENT: Family planning clinic; appointments preferred; no one turned away if unable to pay.
Corvallis: 530 NW 27th St ................................. 541-766-6835
www.co.benton.or.us/health
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 8:00 am - 7:00 pm

FISH OF ALBANY: Maternity homes.
1880 SE Hill St .................................................... 541-926-9428
www.fishofalbany.com ........................................ fishofalbany@integra.net

LINN COUNTY HEALTH DEPARTMENT:
Albany: 315 4th Ave, SW ........................................ 541-967-3888
Lebanon: 1600 S Main St ........................................ 541-451-5932
Sweet Home: 799 Long St ................................. 541-367-3888
www.co.linn.or.us/health

OPEN ADOPTION AND FAMILY SERVICES: Toll-free ................................. 800-772-1115
www.openadopt.org ........................................ info@openadopt.org

OPTIONS PREGNANCY RESOURCE CENTER: Sexual abstinence education programs.
Albany: 1800 16th Ave, SE ........................................ 541-924-0160
www.possiblypregnant.org .......................... possiblypregnant@optionsprc.org

OREGON SAFENET (OREGON HEALTH CARE HOTLINE): Health information and referral hotline.
Toll-free ............................................................. 800-SAFENET (723-3638)
www.safenetnow.org

PLANNED PARENTHOOD: Toll-free ........................................ 800-230-7526
www.plannedparenthood.org

SANTIAM HOSPITAL:
Mill City: 280 S 1st Ave ................................. 503-897-4100
www.santiamhospital.org

CHILDREN

ABC HOUSE: Child abuse counseling.
Albany: 1054 29th Ave, SW ................................. 541-926-2203
www.abchouse.org ........................................ info@abchouse.org

Mid-Willamette Valley Resources
Boys and Girls Club: Provides school-aged youth opportunity to develop their intellectual, athletic, and social skills in a challenging and safe environment. Some sites provide meals.

Albany: 1215 Hill St, SE ........................................................ 541-926-6666
www.bgc-albany.org ...................................................... info@bgc-albany.org
Corvallis: 1112 NW Circle Blvd ....................................... 541-757-1909
www.bgccorvallis.org .................................................... info@bgccorvallis.org
Lebanon: 305 S 5th St ..................................................... 541-258-7105
Lebanon: 626 S 2nd St .................................................... 541-258-2613
Sweet Home: 890 18th Ave ............................................... 541-367-6421
www.bgcgreater santiam.org (Lebanon and Sweet Home facilities)

Child Care Assistance, Department of Human Services (DHS):
Facilitates parental visitation and foster home placement.

Employment-Related Day Care (ERDC) program: Helps low-income families pay for child care while the parents work. ERDC is a subsidy program (eligible families pay part of the child care cost). ERDC also works with providers and other child care partners to help families find and keep good child care, improve the availability of quality child care in Oregon, and develop resources for parents and child care providers.

Benton/Corvallis: 555 NW 5th St ....................................... 541-757-4121
Linn County/Albany: 118 2nd Ave, SE, Ste C .................... 541-967-2060
TTY ............................................................................... 541-967-2058
Statewide/Salem: 500 Summer St, NE

Resource and Referral Service:
Albany: 6500 Pacific Blvd, SW .......................................... 541-917-4899
www.oregon.gov/dhs/assistance/child-care

Child Welfare Program, Department of Human Services (DHS):
Programs focusing on preventing abuse of children in troubled families; counseling, referral, case work services to teen victims.

Benton County/Corvallis: 555 NW 5th St ......................... 541-757-4121
Linn County/Albany: 118 2nd Ave, SE ............................. 541-967-2060
www.oregon.gov/dhs/children

Children's Health Insurance Program (CHIP): Oregon Health Plan.
Toll-free ........................................................................ 800-359-9517

Community Before and After School Child Care Program (CAP):
Albany: 250 Broadalbin St, SW, Ste 255 .......................... 541-967-9322
www.cap.peak.org ........................................................ albancapdirector@gmail.com
summer months: Mon-Fri 12:00 pm - 4:00 pm

Corvallis Community Children's Centers: Low-cost child care, transition program for children and families in need.
Growing Oaks Center: 4000 SW Western Blvd ................. 541-207-3122
www.corvallischildcare.org ................................ growingoaks@corvallischildcare.org
Lancaster Center: 3285 NE Oxford Cir ............................. 541-753-0191
www.corvallischildcare.org .......................................... lancaster@corvallischildcare.org
Court-Appointed Special Advocates (CASA): Advocates for neglected and abused children in juvenile court and community.

*Benton County/Corvallis:* Voices for Children
129 NW 4th St ................................................................. 541-753-5838
www.casa-vfc.org ........................................... executive.director@casa-vfc.org

*Linn County/Albany:* CASA of Linn County
2730 Pacific Blvd, SW, Ste 201 ........................................... 541-926-2651
www.linncasa.org

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

*Albany:* 701 SE 19th St ..................................................... 541-924-3720
www.albany.k12.or.us/departments

Family Connections: Child care information for parents and those interested in the child care field. Homeless school transition programs.

*Albany:* Linn-Benton Community College, 6500 Pacific Blvd, SW
Classes for parents and children ........................................... 541-917-4899
Parent Advice Line Toll free ........................................... 800-845-1363
www.linnbenton.edu/familyconnections

Family Tree Relief Nursery (FTRN): Free classes and support for parents in stress with children younger than 6 years old.

*Albany:* 1005 NW Springhill Dr ........................................... 541-967-6580
www.familytreefn.org

First Christian Pre-Primary School: Language therapy.

*Albany:* 432 Ferry St, SW ..................................................... 541-917-1931
www.fcpreprimary.org ............................................. firstchristianprimary@gmail.com

H.A.R.T. Family Center:

*Harrisburg:* 345 Smith Street .............................................. 541-995-7700
www.city.harrisburg.or.us or www.hartcommunitycenter.org

Healthy Families of Linn and Benton Counties: Information, support, and home visits to first-time parents.

*Benton County/Corvallis:* 1650 SW 45th Pl ................................ 541-757-8068
*Linn County/Albany:* 1113 SE Hill Street ................................ 541-666-2946
www.oldmillcenter.org

Immunization: Call for information.

Benton County Health Department

*Corvallis:* 530 NW 27th St ..................................................... 541-766-6835
www.co.benton.or.us/health

Linn County Public Health

*Albany:* 315 4th Ave, SW ..................................................... 541-967-3888
www.co.linn.or.us/health
Jackson Street Youth Services: Runaway/homeless youth counseling.

**Albany:**
- Overnight shelter
  240 SE 7th Ave .......................................................... 541-220-2950
- Cornerstone Youth Outreach Drop-in Center
  960 Queen Ave, SW .................................................. 541-220-2955

**Corvallis:**
- Overnight shelter
  555 NW Jackson Avenue ........................................... 541-754-2404
  www.jacksonstreet.org

Linn Benton Lincoln Early Intervention Referral: Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities.

**Corvallis:** Dixie School, 33461 SE Peoria Rd ............ 541-753-1202 x106
Toll-free................................................................. 877-589-9751
www.lblesd.k12.or.us/ei-ecse/ ..................................webmaster@lblesd.k12.or.us

Linn Benton Lincoln Education Service District: Developmental assessment and early intervention/early childhood special education, truancy counseling.

**Albany:** 905 4th Ave, SE ............................................. 541-812-2600
www.lblesd.k12.or.us

Linn-Benton Community College (LBCC) Family Resource and Education Center: Parenting skills classes, pre-school referral programs.

**Albany:** 6500 Pacific Blvd, SW, Luckiamute Bldg Rm 132 .. 541-917-4899
www.linnbenton.edu/parenting-education ........parentinged@linnbenton.edu

Mid-Willamette Family YMCA: Summer food service program for youth, youth camps, child development classes, activities.

**Albany:** 3201 Pacific Blvd, SW .................................. 541-926-4488
www.ymcaalbany.org ................................................. executive@ymcaalbany.org

Mighty Oaks Children's Therapy Center: Occupational, physical, and speech therapy.

**Albany:** 3615 Spicer Rd, SE .................................... 541-967-7551
www.mightyoakschildren.org ......................................mightyoaks1@comcast.net

National Center for Missing Children: Toll-free ................ 800-843-5678
National Runaway Hotline: Confidential. Toll-free ............ 800-786-2929

Neighbor-to-Neighbor Mediation: Juvenile delinquency diversion counseling.

**Albany:** 308 Broadalbin St, SW ................................ 541-223-4189
www.n2nmediation.org ............................................. n2nbentonllin@gmail.com

Old Mill Center: Healthy families and child, teen, and family counseling.
**Corvallis:** 1650 SW 45th Pl ...................................... 541-757-8068
www.oldmillcenter.org .......................................... contact@oldmillcenter.org
Pediatric Medical Care:
Samaritan Health Services:
  Albany: 734 Elm St, SW ........................................................ 541-812-5111
  www.samhealth.org

Self-Sufficiency Program, Department of Human Services (DHS):
Employment-Related Day Care (ERDC) provides child care subsidies for
low-income working families.
  Albany: 118 2nd Ave, SE ....................................................... 541-967-2078
    Mon-Fri 8:00 am - 5:00 pm
  Corvallis: 545 SW 2nd St, Ste B ........................................ 541-757-4201
    Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm
  Lebanon: 44 Industrial Way, Ste E ........................................ 541-259-5860
    Mon-Fri 7:00 am - 5:00 pm

Strengthening Rural Families (SRF): Parenting classes and family
assistance to rural Benton County families.
  Philomath: 535 S 19th St. #147 ............................................. 541-929-2535
    www.ruralfamilies.org

Trillium Family Services – Mid-Willamette Valley Region: Transitional
mental health.
  Corvallis: 4455 NE Hwy 20 .................................................. 541-757-1852
    www.trilliumfamily.org .............................................. info@trilliumfamily.org

CLOTHING

Benton County

Altrusa/Soroptimist Career Closet: Free suitable clothing for income-
eligible women seeking work. Referral from agency required.
  Corvallis: 942 NW 9th St ....................................................... 541-760-6016
  www.altrusa.org .................................................... altrusacorvallis@yahoo.com
    Sat 10:00 am - 2:00 pm

The Arc Resale Corner: Thrift store sales support the Arc's mission to
enhance the lives of community members who experience intellectual and
developmental disabilities.
  www.arcbenton.org
  Corvallis: 928 NW Beca St ..................................................... 541-754-9011
    Mon-Sat 10:00 am - 5:30 pm
  Philomath: 936 S Main St ..................................................... 541-929-3946
    Mon-Sat 10:00 am - 5:30 pm; Sun 12:00 pm - 5:00 pm
**Assistance League of Corvallis:** Operation School Bell program provides free new clothing to Benton County school children in need; referral from school or social service agency required. Also dental help and Scholastic Aptitude Test (SAT) preparation.
547 NW 9th St ................................................................. 541-757-1978
www.alcorvallis.org

**Goodwill Industries:**
Corvallis: 1325 NW 9th St ........................................ 541-752-8278
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

**Heartland Humane Society Thrift Shop:**
Corvallis: 411 SW 3rd St ........................................... 541-757-0573
Mon-Sat 10:00 am - 5:00 pm

**June's Kids'Kloset:** Provides free donated clothing for babies and youth through high school to parents with low incomes or anyone in need; baby furniture.
Philomath: 360 S 9th St ............................................. 541-929-2499
Thu 9:00 am - 2:00 pm

**OSU Folk Club Thrift Shop:**
Corvallis: 144 NW 2nd St ........................................ 541-752-4733
early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm
mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

**St. Vincent de Paul Thrift Shop:**
Corvallis: 501 NW 25th St ....................................... 541-757-1988 x317
Mon-Fri 1:30 pm - 4:00 pm
Albany: 2220 Pacific Blvd, SE ....................................... 541-928-1559
Mon-Sat 10:00 am - 8:00 pm; Sun 10:00 am - 6:00 pm

**Vina Moses:** Free clothing and household items to Benton County residents, diapers when available, children's school clothing, Christmas food baskets.
Corvallis: 968 NW Garfield Ave .................................... 541-753-1420
www.vinamoses.org
Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm; 1st Sat of each month
9:00 am - 12:00 pm
Mon-Fri 9:00 am - 4:00 pm – donations accepted

**Linn County**

**Albany Altrusa:** ............................................................... 541-979-4984
www.altrusa.org ................................................ altrusaofalbany@hotmail.com
Albany Helping Hands:
705 SE 1st Ave................................................................. 541-791-5139
www.albanyhelpinghands.com ...................................... wecare@albanyhh.org
Mon-Sat 9:00 am - 7:00 pm

Canyon Gleaners:
*Mill City:* 158 SW Broadway............................................. 503-897-4031
Wed-Sat 9:00 am - 4:30 pm

FISH Clothes Closet: Free clothing, diapers, toiletries; must bring identification with current residence address.
*Albany:* 1880 Hill St, SE..................................................... 541-928-4460
www.fishofalbany.com ........................................ fishofalbany@integra.net
Wed-Fri 9:00 am - 12:00 pm

God's Storehouse: Clothes and some furniture at low cost.
*Harrisburg:* 180 Smith Street ......................................... 541-995-8403
Tue-Thu 9:00 am - 5:00 pm

Goodwill Industries:
*Albany:* 1605 Pacific Blvd ............................................. 541-928-3261
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Jefferson/Scio/ Crabtree Community Food Bank: Free clothing, household items, and furniture.
*Jefferson:* 172 N Main St............................................... 541-327-2442
first and last full week of each month Thu 9:00 am - 7:00 pm;
Fri 9:00 am - 2:00 pm

Jesus Pursuit Church:
*Albany:* 2110 Santiam Hwy, SE..................................... 541-924-0883
third Saturday of each month 10:00 am - 3:00 pm (in Church parking lot)
www.jesuspursuit.org ................................................... pwltrb@aol.com

Lord's Storehouse: Free clothing, personal hygiene items, some household items.
*Lebanon:* First Assembly of God, 726 W Oak......................... 541-259-1265
(in separate building at back of church parking lot)
www.firstassemblylebanonoregon.com/contact-us/
................................................................. contactus@firstassemblylebanonoregon.com
Mon-Thu 10:00 am - 1:30 pm

Pay it Forward One Blessing At A Time: Free clothing.
*Lebanon:* 525 S Main St
Mon-Fri 10:00 am - 6:00 pm; Sat 12:00 pm - 6:00 pm
Furniture and storage warehouse: 155 N Williams
Mon-Fri 10:00 am - 6:00 pm; Sat-Sun by appointment

St. Vincent de Paul: Free clothing, household, and financial assistance.
*Albany:* 2220 Pacific Blvd, SW ..................................... 541-928-1559
*Lebanon:* 233 2nd St .................................................. 541-258-5405
Wed 11:30 am - 4:00 pm
Seventh-Day Adventist Community Services Center: Free clothing, dishes, and bedding.

Sweet Home: 300 Holley Rd/Hwy 228 ................................. 541-367-4524
www.sweethome22.adventistchurchconnect.org

................................................................. sweethomesda@yahoo.com
Mon 9:00 am - 1:00 pm

Sharing Hands:
Brownsville: 107 W Bishop Way ........................................ 541-466-3110
Food Bank: Wed, Fri 10:00 am - 3:00 pm
Thrift Shop: Tue-Sat 9:00 am - 3:00 pm

Signs of Victory: Diapers; children's and maternity clothes.

Albany: 1100 Jackson St, SE ............................................. 541-928-6927
www.signsofvictory.webs.com/

Sweet Home Emergency Ministries (SHEM) Carmen's Closet: Free clothing, shoes, household items, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

1115 Long St ................................................................. 541-367-6504
www.shemfoodbank.org ............................................. shemfoodbank@gmail.com

Sweet Home Gleaners Thrift Store:
3031 Hwy 20 ................................................................. 541-367-3190
www.sweethomegleaners.org/thrift-shop
.......................................................... sweethomegleaners@sweethomegleaners.org
Mon-Sat 10:00 am - 4:00 pm

Teen Challenge Thrift Store:
Albany: 310 SE 2nd Ave .................................................. 541-791-7006
www.teenchallengepnw.com/thrift/albany
Mon-Sat 10:00 am - 6:00 pm

Lebanon: 846 Main St ..................................................... 541-258-2584
www.teenchallengepnw.com/thrift/lebanon
Mon-Sat 9:00 am - 5:45 pm

CRISIS INTERVENTION & ASSISTANCE

Benton County Health Department Mental Health Division:
Appointment preferred. Sliding scale fees.

Corvallis: 530 NW 27th St .............................................. 541-766-6835
www.co.benton.or.us/health
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm
After-hours Mental Health Crisis: Toll-free ........................... 888-232-7192

Canyon Crisis and Resource Center:

Mill City: 825 Santiam Blvd ................................. 541-897-2327
crisisc@gmail.com
Center Against Rape and Domestic Violence (CARDV): 24-hr hotline providing crisis intervention, information, and referral services.

- 24-hr hotline: 541-754-0110
- 24-hr hotline **Toll free**: 800-927-0197
- www.cardv.org: info@cardv.org

Community Outreach, Inc. (COI) 24-hour crisis hotline.

- **Corvallis**: 865 NW Reiman Ave: 541-758-3000
- www.communityoutreachinc.org

Linn County Health Department Mental Health Division:

- **Albany**: 445 SW 3rd Ave: 541-967-3866
- www.co.linn.or.us/health/mental_health/crisis.htm
- **Toll-free**: 800-304-7468
- Mon-Fri 8:30 am - 5:00 pm

Pastoral Counseling Center: Individual, couple, and family counseling.

- **Albany**: First Christian Church, 432 Ferry St, SW: 541-753-9217
- **Corvallis**: First Christian Church, 602 SW Madison Ave: 541-753-9217
- **Lebanon**: 1890 S 2nd St: 541-451-5015
- www.pastoralcounseling-oregon.org

Police: Emergency: 9-1-1

Trillium Children's Farm Home: Mental health services for youth through 18 years old and their families; information and referral.

- **Corvallis**: 4455 NE Hwy 20: 541-757-1852
- www.trilliumfamily.org

**Youth Help Line**: Accepts collect calls.

- **Corvallis**: 541-754-2404

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**DENTAL**

Advantage Dental Clinic, LLC:

- **Albany**: 409 1st Ave, W
- **Corvallis**: 142 SW 2nd St
- **Toll-free**: 888-468-0022

Assistance League of Corvallis: Dental assistance for Benton County school-aged children: 541-757-1978
- www.alcorvallis.org

Benton Community Health Center: Corvallis Health Center clients will be seen or referred locally for care or through dental vans. Sliding scale.

- **Corvallis**: 541-766-6835
- www.bentonlinnhealthcenters.org

Boys and Girls Club Free Dental Clinic: Free dental services for children without access to dental care or dental insurance and who meet income requirements.

- **Albany**: 1215 SE Hill St: (call for appointment) 541-926-6666
  www.bgc-albany.org/health
Mid-Willamette Valley Resources


Tue-Wed

Community Outreach, Inc. (COI): Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments ($20 fee at time of service).

Corvallis: 865 NW Reiman Ave ........................................... 541-758-3000 www.communityoutreachinc.org

Doorstep Dental Hygiene: Dental care referrals, mobile dental hygiene services ........................................... 541-990-0814 doorstepdh@gmail.com

Oregon Veterans' Service Office: Dental care expense assistance.

Albany: 330 SW 3rd Ave ........................................... 541-967-3882

Samaritan Albany InReach Services: Low-cost medical, dental, and mental health services to low-income people in Albany, Millersburg, and Tangent.

1215 Hill St, SE .......................................................... 541-812-4997 www.samhealth.org

Willamette Dental: .......................................................... 855-433-6825

Albany: 2225 Pacific Blvd, SE, Ste 201

www.willamettedental.com

The Arc of Benton County: Advocates and provides services for people with developmental disabilities and their families.

Corvallis: 414 NW 4th St ........................................... 541-753-1711 www.arcbenton.org

Benton County Health Department: Services for people with developmental disabilities.

Corvallis: 530 NW 27th Street ........................................... 541-766-6835 www.co.benton.or.us/health

Cornerstone Associates, Inc.: A variety of comprehensive disability-related employment programs.

Corvallis: 1445 SE Crystal Lake Dr ........................................ 541-752-9724 www.cornerstoneassociates.com

Corvallis Daytime Drop-in Center: Facility for low-income community members coping with mental illness or homelessness.

Corvallis: First Christian Church, 602 SW Madison Ave ..... 541-740-3235 Mon-Fri 9:00 am - 2:00 pm

Home Life: Supports housing needs of adults with developmental disabilities; programs for all levels of need.

Corvallis: 2068 NW Fillmore Ave ........................................ 541-753-9015 www.homelifeinc.org ........................................... homelife@peak.org

DISABILITY
Linn County Department of Health Services Developmental Disability Program: Residential placement services.

315 4th Ave, SW ........................................................................ 541-967-3888
www.co.linn.or.us/health/devel_disabil/dd.htm........linncddp@co.linn.or.us

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals.

Albany: 1250 Queen Ave, SE ........................................... 541-926-4497
TDD ...................................................................................... 541-926-8338
www.l-bha.org ............................................................... mail@l-bha.org
Mon-Thu 8:00 am - 5:00 pm

Oregon Cascades West Council of Governments (COG) Disability Services: Information; developmental and physical disability assistance and support.

Albany: 1400 Queen Ave, SE, Ste 103 .......................... 541-967-8630
Toll-free ............................................................................... 800-638-0510
www.ocwcog.org/seniors-disability...........................adrcmail@ocwcog.org

Senior Companion Program: A program through Samaritan Health Services for volunteers assisting elderly and younger disabled people.

Linn and Benton Counties/Albany ........................................ 541-812-4185
TTY, TTD, TDD Relay Service .............................................. 7-1-1

Veterans and Disability Services: Inquiries about services for persons under 65 years old with disabilities or veterans, their dependents, or their survivors.

Corvallis: 301 SW 4th St, Ste 140
Benton County Disability Service............................................. 541-758-1595
www.ocwcog.org
Veterans' Service Office..................................................... 541-766-6803

Vocational Rehabilitation: Provides employment services to eligible people with disabilities.

Albany: 1400 Queen Ave, SE, Ste 107 ................................. 541-967-2022
Corvallis: 545 SW 2nd St, Ste G ....................................... 541-757-4131
Mon-Fri 8:00 am - 5:00 pm
Sweet Home: 925 Long St.................................................. 541-367-8583

Willamette Valley Rehabilitation Center, Inc.: A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

1853 W Airway Rd, Lebanon ............................................ 541-258-8121
www.wvrc.org

Work Unlimited Supported Living Program: Supports people with mental health issues or other disabilities to live independently.

Corvallis: 408 SW Monroe Ave, Suite L102 ..................... 541-738-8552
www.workunlimited.org/voc_prog.php
WorkSource Oregon: State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.
Albany: 139 4th Ave, SE......................................................... 541-812-8645
www.worksourceoregon.org

EDUCATION

Alternative Schools

Albany Options Alternative School: An alternative school through Greater Albany Public School District.
Welcome Center: 701 19th Ave, SE ................................. 541-704-2376

Casa Latinos Unidos of Benton County: Assistance to Latino community, interpretation, help with forms, social service referral, English classes, conversation.
Corvallis: 128 SW 9th St................................................ 541-223-5310
www.casalatinosunidos.org
Mon, Tue, Thu, Fri 9:30 am - 2:00 pm; Sat 10:00 am - 1:00 pm

Community Services Consortium (CSC): Credit recovery, high school completion, General Education Development (GED) preparation.
Benton County/Corvallis: 536 SW 2nd St ............................... 541-758-2631
Linn County/Albany: 2995 Ferry St, SW ............................... 541-758-2605
www.communityservices.us info@communityservices.us

Corvallis Multicultural Literacy Center (CMLC): Referral to language and education resources; citizenship support and field trips; helps people connect in the community. Spanish speaker available.
128 SW 9th St ................................................................. 541-754-7225
www.cmlcenter.org cmlc@peak.org
Mon-Fri 10:00 am - 5:00 pm; Sat by appointment

English as a Second Language: Linn-Benton Community College classes in Albany, Harrisburg, and Sweet Home involving listening, speaking, reading, and writing.
Albany ............................................................ 541-917-4710
Informacion en Español ...................................................... 541-917-4664

English for Speakers of Spanish/Español: Offers English and computer classes; services for translation and help completing applications for low-income assistance; free.
Corvallis: Acorn Outreach, 1740 NW Division St .......................... 541-224-6590

Oregon Connections Academy: On-line education.
Mill City: 833 NW Santiam Blvd ......................................... 541-897-2272
www.connectionsacademy.com

Oregon State University (OSU) Extension Services:
Benton County/Corvallis ...................................................... 541-766-6750
Linn County/Albany ......................................................... 541-967-3871
General Education Development (GED) Preparation

**Community Services Consortium:** youth and adult GED preparation, adult basic skills development. ........................................................... 541-928-6335

*Benton County/Corvallis:* (youth) 545 SW 2nd St, Ste A...... 541-752-1010
*Linn County/Albany:* (adult) 139 SE 4th Ave .......... 541-967-2171 x8646
*Linn County/Albany:* (youth) 2995 Ferry Street, SW .......... 541-758-2605
www.communityservices.us ........................................ info@communityservices.us

**Linn-Benton Community College (LBCC):** GED preparation, adult basic skills.

-Albany.................................................................................... 541-917-4710
-Corvallis................................................................................ 541-757-8944 x5116
-Lebanon................................................................................ 541-259-5800
-Sweet Home ........................................................................... 541-367-6901
www.linnbenton.edu

Head Start

**Kidco Head Start of Linn and Benton Counties:** Pre-school program for low-income families.

-Administration Office/Lebanon: 300 Market St, Ste 200...... 541-451-1581
-Albany: Periwinkle Center, 6500 Pacific Blvd, SW .......... 541-917-4734
-Albany: Riverside Center, 35140 Meadow Ln, SW .......... 541-967-1044
-Corvallis: 4515 SW West Hills Rd........................................ 541-758-1164
-Crawfordsville: 38420 Glass Ave........................................ 541-367-3361
-Foster: 44829 Quartzville Rd................................................ 541-367-8070
-Harrisburg: 885 Sommerville Ln ........................................ 541-995-8270
-Jefferson: 615 N 2nd St ......................................................... 541-327-7924
-Lebanon: 31575 Sand Ridge Rd ............................................ 541-259-2227
-Oregon State University Child Development Program ........ 541-737-2516
-Other Benton and Linn County locations.......................... 541-451-1581
-Philomath: 123 Main St............................................................ 541-929-7595
www.kidcoheadstart.org

Other Education Resources

**Albany Altrusa:** School supplies, financial assistance. ........ 541-979-4984
www.altrusa.org................................................................. altrusaofalbany@hotmail.com

**Family Tree Relief Nursery:** Home-based parenting education.

-Albany: 1005 NW Springhill Dr ............................................. 541-967-6580
www.familytreeern.org

**First Christian Pre-Primary School:** Language therapy.

-Albany: 432 Ferry St, SW......................................................... 541-917-1931
www.fcpreprimary.org.................................................... firstchristianprimary@gmail.com
**Fish of Albany:** School supplies.
1180 SE Hill St ................................................................. 541-928-4460
www.fishofalbany.com ................................................... fishofalbany@integra.net

**Greater Albany Public Schools Welcome Center/Centro de Bienvenida:**
Literacy programs, activities, and translation assistance for Spanish-speaking families.

*Welcome Center:* 701 19th Ave, SE ....................................... 541-704-2376
www.albany.k12.or.us

**Libraries:**

*Albany:* Albany Public Library, 2450 14th Ave, SE............. 541-917-7580
www.library.cityofalbany.net

*Albany:* Albany Public Library, 302 Ferry St, SW ............. 541-917-7585
www.library.cityofalbany.net

*Alsea:* Corvallis-Benton County Public Library,
19192 Alsea Hwy .......................................................... 541-487-5061
www.cbcpubliclibrary.net

*Corvallis:* Corvallis-Benton County Public Library,
645 NW Monroe Ave ..................................................... 541-766-6926
www.cbcpubliclibrary.net

*Lebanon:* Lebanon Public Library, 55 Academy St............. 541-258-4926
www.lebanonpubliclibrary.com

*Monroe:* Corvallis-Benton County Public Library,
380 N 5th St .................................................................... 541-847-5174
www.cbcpubliclibrary.net

*Philomath:* Corvallis-Benton County Public Library,
1050 Applegate ............................................................. 541-929-3016
www.cbcpubliclibrary.net

**Linn Benton Early Intervention Referral:** Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities, specialized evaluations, and special education plan development.

*Corvallis:* 33461 SE Peoria Rd ....................................... 541-753-1202 x106
www.lblesd.k12.or.us/ei-ecse

**Linn-Benton-Lincoln Education Service District:** Developmental assessment and early intervention/early childhood special education, homeschooling licensing, McKinney-Vento homeless school transition programs.

*Albany:* 905 4th Ave, SE ...................................................... 541-812-2690
www.lblesd.k12.or.us ......................................................... homeschool@lblesd.k12.or.us

**Oregon Migrant Education Service Center:** Community services and resources to agricultural workers and their families; school support.

*Salem:* 2611 Pringle Rd, SE ............................................. 503-385-4678
www.wesd.org/omesc

**Oregon State University:** *Corvallis:* ............................................. 541-737-1000
Scholastic Aptitude Test (SAT) Preparation:
Assistance League of Corvallis ................................................. 541-757-1978

EMPLOYMENT

Cornerstone Associates, Inc.: A variety of comprehensive disability-related employment programs.

_Corvallis:_ 1445 SE Crystal Lake Dr ................................. 541-752-9724
 www.cornerstoneassociates.com

Community Services Consortium (CSC): Provides job search assistance and/or job skills training for older youth, adults, and displaced workers. Youth (aged 16 to 24 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

www.communityservices.us/jobs............... info@communityservices.us

Workforce & Education: Opportunities range from self-service to individualized assistance and may include assessment/career planning, job search assistance, job applicant recruitment, occupational skills training, job placement assistance, job retention services, employer-designed customized training, work experience/on-the-job training. Services are tailored to individual plans.

YouthBuild Program: CSC YouthBuild AmeriCorps is a comprehensive development program serving low-income and under-educated young adults. Priority is given to 17- to 24-year-old people. The training period averages 6 to 12 months. Trainees earn a modest living stipend while working toward their GED. They learn construction skills by building affordable housing for low-income families. Eligibility requirements apply.

Benton County CSC Youth Programs:
_Corvallis:_ 536 SW 2nd St ............................................... 541-758-2631

Linn County CSC Adult Programs:
_Albany:_ 139 SE 4th St ............................................. 541-967-2171 x8646

Linn County CSC Youth Programs:
_Albany:_ 2995 Ferry St, SW ................................................. 541-758-2605

Corvallis Parks and Recreation Department: Youth aged 15 to 17 years old are eligible for summer employment through Youth Parks Corps and Youth Recreation Corps. Youth aged 11 to 18 years old are eligible for volunteer experience through Youth Volunteer Corps.

1310 SW Avery Park Drive ......................... 541-766-6467 or 541-766-6918
 www.corvallisoregon.gov or www.yvccorvallis.org/our-team.html
Experience Works: Assists mature workers (55 years old and older) with employment search.
Linn and Benton Counties/Albany ................................. 541-812-8661
www.experienceworks.org

Job Connection Goodwill: Comprehensive job assistance centers, vocational rehabilitation
Albany: 1605 Pacific Blvd, SE ..................... 541-928-3382 or 541-918-3261

Job Corps: Hands-on youth job education and training; development for people 16 to 24 years old.
Toll-free................................................................. 800-733-5627
www.jobcorps.gov

Linn-Benton Housing Authority: Job development toward family self-sufficiency.
Albany: 1250 SE Queen Ave ...................... 541-918-7313 or 541-918-7326
www.l-bha.org ............................................................ mail@l-bha.org

Oregon Department of Human Services (DHS) Self-Sufficiency Program: Assists people to become independent, healthy, and safe through education and employment training opportunities.
www.oregon.gov/DHS/
Albany: 118 2nd Ave, SE............................... 541-967-2078
Mon-Fri 8:00 am - 5:00 pm
Corvallis: 545 SW Second St, Ste B ............. 541-757-4201
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm
Lebanon: 44 Industrial Way, Ste D ............... 541-259-5787
Mon-Fri 7:00 am - 5:00 pm

Oregon Employment Department:
Albany: 139 4th Ave, SE................................. 541-967-2171
Corvallis: 545 SW 2nd St ............................. 541-757-4261
Lebanon: 44 Industrial Way, Ste B ............... 541-259-5787
www.oregon.gov/employ

Unemployment Benefits:
Toll-free................................................................. 877-345-3484
www.workinginoregon.org./ocs

Veterans Employment Services:
Albany: 303 3rd Ave, SW ............................... 541-812-8666

Vocational Rehabilitation: Oregon Department of Human Services (DHS) provides employment services to eligible people with disabilities.
Albany: 1400 Queen Ave, SE, Ste 107 .......... 541-967-2022
Corvallis: 545 SW 2nd St, Ste G ................. 541-757-4131
Mon-Fri 8:00 am - 5:00 pm
Sweet Home: 925 Long St ............................. 541-367-8583
**Willamette Valley Rehabilitation Center, Inc.:** A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

1853 W Airway Rd, Lebanon ................................................ 541-258-8121
www.wvrc.org

**Workforce Development Centers:** Partnership of community agencies working together to provide services to job seekers and employers. Computers with Internet access, telephones, and fax and copying machines are available for job seekers; military transition assistance programs and disabled veteran outreach.

**Benton Workforce Development Center**
Corvallis: 545 SW 2nd St, Ste C
Department of Human Services (DHS) Self-Sufficiency ... 541-757-4201
Oregon Employment Department ........................................ 541-757-4261
Oregon Vocational Rehabilitation Department ................. 541-757-4131

**East Linn Workforce Development Center**
Lebanon: 44 Industrial Way .............................................. 541-259-5850
Oregon Employment Department ........................................ 541-259-5790

**Linn Workforce Development Center**
Albany: 139 4th Ave, SE
Community Services Consortium...................................... 541-812-8646
Disabled Veterans' Outreach .......................................... 541-812-8666
Linn-Benton Community College ..................................... 541-967-2171
Oregon Employment Department ...................................... 541-967-2171

**WorkSource Oregon.** State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.

**Albany: 139 4th Ave, SE............................................. 541-812-8645**
www.worksourceoregon.org

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**FINANCIAL SERVICES**

**Child Support Enforcement:**

**Benton County/Corvallis:**
Benton County District Attorney's Office Child Support Services
120 NW 4th St, 3rd Fl .................................................. 541-766-6817

**Linn County/Albany:**
Oregon Department of Justice Division of Child Support
1245 Clay St, SE.......................................................... 541-967-2028
Community Services Consortium (CSC): Offers weatherization, utility, and rental assistance for income-qualified households.
  
  Benton County/Corvallis: 545 SW 2nd St, Ste A ............... 545-752-1010
  Linn County/Albany: 250 Broadalbin St, SW, Ste 2A ........ 541-928-6335
  www.communityservices.us ............................... info@communityservices.us
  Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Fish of Albany: Food box, limited assistance with utilities, medical, transportation, identification cards.
  1880 Hill St, SE .................................................. (call first) 541-928-4460
  www.fishofalbany.com ........................................ fishofalbany@integra.net
  Mon-Fri 9:00 am - 5:00 pm

Fish Emergency Services: Limited assistance with medical, rent, utilities, transportation, toiletries, and identification cards.
  Benton County/Corvallis: 968 NW Garfield Ave .......... 541-752-4688
  Mon-Fri 8:00 am - 5:00 pm

Fish of Lebanon: Help with utilities, rent, clothing, prescriptions, records, licenses, permits fee payment assistance, dental.
  First Presbyterian Church, 145 W Ash St ............(call first) 541-259-3200
  Mon-Fri 9:00 am - 3:00 pm

Money Management International: Bankruptcy assistance, mortgage delinquency and default counseling, reverse mortgage.
  Albany: 645 Waverly Dr, SE
  Toll-free....................................................................... 866-226-0278
  www.moneymanagement.org

Oregon Veterans' Service Office:
  Albany: 330 3r Ave, SW ........................................... 541-967-3882

The Salvation Army:
  Albany: 345 Columbus St ..................................... 541-928-4775
  Mon, Wed, Fri 9:00 am - 11:45 am – emergency food box
  Utility assistance by appointment only, when funds are available.

Self-Sufficiency Programs, Department of Human Services (DHS):
  Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF). Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families, food benefits, and medical.
  
  Albany: 118 2nd Ave, SE.............................................. 541-967-2078
  Mon-Fri 8:00 am - 5:00 pm
  Corvallis: 545 SW 2nd St, Ste B .............................. 541-757-4201
  Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm
  Lebanon: 44 Industrial Way, Ste E ....................... 541-259-5860
  Mon-Fri 7:00 am - 5:00 pm
  www.oregon.gov/DHS
Senior Services: Oregon Cascades West Council of Governments (COG).
Linn and Benton Counties/Albany
1400 Queen Avenue, SE, Ste 206 ............................................. 541-967-8630
Toll-free .................................................................................. 800-638-0510
www.ocwcog.org
Mon-Fri 8:00 am - 5:00 pm

Sharing Hands, Inc.: Small emergency fund to assist with utilities, prescriptions, gas, and propane. Call for eligibility.
Brownsville: 107 W Bishop Way ........................................... 541-466-3110
Tue-Sat 10:00 am - 4:00 pm

Sweet Home Emergency Ministries (SHEM): Voucher for propane, prescriptions, clothes, rent, and utility needs. Food box requests verified through program guidelines.
1115 Long St .......................................................................... 541-367-6504
www.shemfoodbank.org ............................................... shemfoodbank@gmail.com

Telephone Assistance Program Link-Up America: Telephone bill reduction.
Toll-free .................................................................................. 800-848-4442

We Care: One-time emergency financial assistance to Benton County residents when no other help is available and the person will be able to manage after a single assist.
Corvallis .......................................................................... 541-758-2632

Willamette Neighborhood Housing Services (WNHS): Financial and consumer services.
Corvallis: 257 SW Madison Ave, Ste 113 ................. 541-752-7220 x300
www.w-nhs.org ..................................................................... info@w-nhs.org

FOOD

Food Stamps Self-Sufficiency Program, Department of Human Services (DHS): Available to individuals and families. Call for appointment.
Albany: 118 2nd Ave, SE .......................................................... 541-967-2078
Mon-Fri 8:00 am - 5:00 pm
Corvallis: 545 SW 2nd St, Ste B ............................................. 541-757-4201
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm
Lebanon: 44 Industrial Way, Ste D ...................................... 541-259-5860
Mon-Fri 7:00 am - 5:00 pm

Gleaners: See "Food and Firewood." Corvallis ........................ 541-752-1010

Linn Benton Food Share: A Community Services Consortium (CSC) program that gathers, transports, stores, and distributes food to local helping agencies, including food pantries, soup kitchens, day care centers, shelters, low-income senior programs, and gleaning groups.
Corvallis: 545 SW 2nd St, Ste A ............................................. 541-752-1010
www.communityservices.us
Meals on Wheels: Meals delivered to home-bound seniors in Linn and Benton Counties.

Linn County/Albany: Albany Senior Center
489 Water Ave, NW ........................................................... 541-967-7647

Benton County/Corvallis: Chintimini Senior and Community Center
2601 NW Tyler Ave ........................................................... 541-753-1022

Toll-free.................................................................................. 800-638-0510

www.tenriversfoodweb.org ....................................................... 541-351-8735

Benton County Farmers' Markets:
Corvallis (mid-Apr to mid-Nov) – NW 1st St and NW Jackson Ave
Wed and Sat 9:00 am - 1:00 pm
Corvallis (Jan to mid-Nov) – Benton County Fairgrounds, 110 SW 53rd St
Sat 9:00 am - 1:00 pm

Linn County Farmers' Markets:
Albany (mid-Apr to Mid-Nov) – 4th Ave, SW and Ellsworth St, SW
Sat 9:00 am - 1:00 pm
Brownsville (Jun to Oct) – Main St and Park Ave
Thu 3:00 pm - 7:00 pm
Lebanon (May to Oct) – E Grant St and Main St
Thu 2:00 pm - 6:00 pm
Sweet Home (Jun to Sep) – Thriftway parking lot (intersection of Hwys 20 and 228)
Sat 9:00 am - 1:00 pm


Benton County:
Corvallis: 530 NW 27th St............................................... 541-766-6835
www.co.benton.or.us/health

Linn County:
Albany: 2730 Pacific Blvd, SE ......................................... 541-967-3888
Lebanon: 1600 S Main St...................................................... 541-451-5932
Sweet Home: 799 Long St .................................................. 541-367-3888
Toll-free ................................................................. 800-723-3638
www.co.linn.or.us/health
FOOD PANTRIES

Benton County

Alsea Food Pantry (Jeni’s Place):
18595 Alsea Hwy..............................................................541-487-FOOD (3663)
Tue, Wed 10:00 am - 6:00 pm

Coastal Range Food Bank: Emergency food box.
Blodgett: 11661 Nashville Rd...........................................541-456-2141
.....................................................................................crfb@casco.net
Wed, Sun 11:00 am - 2:00 pm and emergencies

Community Outreach, Inc. (COI): Emergency food boxes and shelter,
medical clinic for uninsured people, information and referral, advocacy, case
management, message and mail service, showers.
Corvallis: 865 NW Reiman Ave.......................................541-758-3000
Mon-Fri 2:00 pm - 9:00 pm; Sat 8:00 am - 9:00 pm

Human Services Resource Center Food Pantry: Operates in partnership
with Oregon State University (OSU) Foundation on the OSU campus;
accessible to OSU students and non-students.
Corvallis: Avery Lodge, 1030 SW Madison Ave................541-737-3747
www.studentlife.oregonstate.edu/hsrc/osu-emergency-food-pantry
............................................................................ hsrc.foodpantry@oregonstate.edu
3rd Wed, 4th Thu of each month 5:00 pm - 8:00 pm
(schedule is affected by school breaks)

Philomath Food Bank: Emergency food box.
360 S 9th St.................................................................541-929-2499
Tue 6:00 pm - 8:00 pm; Thu 9:00 am - 11:30 am

St. Vincent de Paul Food Bank: Emergency food box; thrift store -
clothing at very low cost, small household items, and toys.
Corvallis: 501 NW 25th St ................................................541-757-1988
Mon-Fri 1:30 pm - 4:00 pm

St. Vincent de Paul Food Pantry at Garfield Elementary School: one Sat
per month
205 NW Garfield St.....................................................(call for dates) 541-757-1988
10:00 am - 12:00 pm

South Benton Food Pantry: Must be resident of Monroe School District.
Monroe: by United Methodist Church, 650 Orchard St..........541-745-8759
.................................................................................... sbfp2014@gmail.com
Thu 10:00 am - 12:00 pm; 3rd Thu of each month 4:00 pm - 6:00 pm

South Corvallis Food Bank: Emergency food box.
1800 SW 3rd St, Ste 110.....................................................541-753-4263
www.southcorvallisfoodbank.org
Mon, Wed 1:00 pm - 3:00 pm; Thu 5:00 pm - 7:00 pm; Sat 10:00 am -
12:00 pm
**Linn County**

**Caring Team Ministry:** Emergency food box.
  
  *Lebanon:* 3000 S Santiam Hwy ................................. 541-451-1271
  Fri 3:30 pm - 5:30 pm

**Fish of Albany:** Food box (call first for emergency food), formula, baby food, clothing, and medical; emergency transportation.
  
  1880 SE Hill St .............................................................. 541-928-4460
  www.fishofalbany.com ............................................. fishofalbany@integra.net
  Mon-Fri 9:00 am - 3:00 pm

**Fish of Lebanon:** Call for appointment.
  
  First Presbyterian Church, Ash and 2nd St ....................... 541-259-3200
  Tue, Fri 1:30 pm - 3:00 pm – emergency food box

**God's Storehouse:** Clothes, some furniture. Bring proof of residence address. Delivers.
  
  *Harrisburg:* 180 Smith St .................................................. 541-995-8403
  Tue, Thu 9:00 am - 4:00 pm

**Jefferson Community Food Bank:** Emergency food box.
  
  *Jefferson:* 310 N 2nd St ..................................................... 541-248-7282
  Wed 3:00 pm - 6:00 pm

**Lord's Storehouse:** Emergency food box, clothing.
  
  *Lebanon:* First Assembly of God Church, 726 W Oak ........ 541-259-1464
  www.firstassemblylebanonoregon.com/ministries
  contactus@firstassemblylebanonoregon.com
  Mon, Thu 10:00 am - 1:30 pm

**St. Vincent de Paul:**
  
  *Lebanon:* 233 2nd St ..................................................... 541-258-5405
  Wed 9:00 am - 11:00 am – rent, utility assistance
  Wed 11:30 am - 3:30 pm – emergency food box

**The Salvation Army:** Emergency food box.
  
  *Albany:* 345 Columbus St .................................................. 541-928-4774
  www.salvationarmy.usawest.org
  Mon, Wed, Fri 9:00 am - 11:45 am – food boxes and other needs

**Seventh-Day Adventist Community Service Center:** Emergency food box, free clothes, dishes, bedding.
  
  *Sweet Home:* 300 Holley Rd/Hwy 228 ......... 541-367-4524
  sweethome22.adventistchurchconnect.org
  Mon 9:00 am - 12:00 pm
Sharing Hands: Services limited to Central Linn School District area.  
_Brownsville_: 107 W Bishop Way ................................. 541-466-3110 
www.sharinghands.org  
Tue-Fri 9:00 am - 3:00 pm – emergency fund for utilities, prescriptions, rental assistance, gas, propane  
Tue-Sat 10:00 am - 3:00 pm – thrift shop  
Wed, Fri 10:00 am - 3:00 pm – food boxes  

_Signs of Victory Food Bank_: Emergency food box, clothing available, open meal site.  
_Albany_: 1122 Jackson St, SE ................................. 541-967-8545 
www.signsofvictory.webs.com  
Mon-Fri 8:00 am - 6:00 pm  

_Sweet Home Assembly of God_: Emergency food box.  
890 Mt. View Rd......................... (call first, before 7:00 pm) 541-367-2038  
Thu 10:00 am - 1:00 pm  

_Sweet Home Emergency Ministries (SHEM)_: Emergency food box, clothing, propane, prescriptions, rent, utility assistance.  
1115 Long St................................................................. 541-367-6504  
www.shemfoodbank.org .................................... shemfoodbank@gmail.com  
Tue, Wed, Sat 9:00 am - 12:00 pm  

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**FOOD – SOUP KITCHENS & MEAL SITES**

**Benton County**

**Community Outreach, Inc. (COI)_**: Community kitchen available to store food and prepare food that is available.  
_Corvallis_: 865 NW Reiman Ave ................................. 541-758-3000  
www.communityoutreachinc.org  
Mon-Sat  breakfast  8:00 am - 10:00 am  
         lunch    12:00 pm - 2:00 pm  
         dinner  5:00 pm - 7:00 pm  

**Corvallis Family Table**: Offers prepared meals "to go."  
Tunison Center, 365 SW Tunison St  
2nd and 4th Thu of each month 4:30 pm - 6:00 pm – "to go" boxes available  
www.corvallisfumc.org/content/corvallis-family-table  
outreach@corvallisfumc.org  

**Meals on Wheels – Dining Site**: Coordinated through Cascades West Council of Governments (COG).  
www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/  
_Corvallis_: Chintimini Senior and Community Center  
2601 NW Tyler Ave ................................................. 541-753-1022  
Mon-Fri 11:50 am
Neighbor to Neighbor – Weekly Soup Kitchen:
  Philomath: College United Methodist Church,
  1123 Main St................................................................. 541-929-6614
  www.collegeumc.com/activities.html.......................... collegeumc@gmail.com
  Tue 5:30 pm - 6:30 pm

Stone Soup Program: Corvallis........................................... 541-757-1988
  www.stonesoupcorvallis.org............................... stonesoupinfo@comcast.net
  First Christian Church: 602 SW Madison Ave
  Tue 5:30 pm - 6:30 pm; Sat 10:00 am - 11:00 am; Sun 5:30 pm - 6:30 pm
  St. Mary's Stone Soup Kitchen: 501 NW 25th St
  Mon, Thu 5:30 pm - 6:30 pm; Wed, Fri 11:30 am - 12:30 pm

Linn County

Albany Helping Hands: Shelter.
  619 9th St, SE ................................................................. 541-926-4036
  www.albanyhelpinghands.com............................... wecare@albanyhh.org
  Sun-Sat  breakfast  7:00 am - 8:00 am
  lunch  12:00 pm - 1:00 pm
  dinner  5:00 pm - 6:00 pm

Boys and Girls Club of Albany: After-school meals.
  1215 Hill St, SE ................................................................. 541-926-6666
  www.bgc-albany.org.............................................. info@bgc-albany.org

Lebanon Soup Kitchen: Blankets, sleeping bags, diapers.
  First Christian Church, 170 E Grant St......................... 541-451-7667
  www.fcclebanon.org/soup-kitchen.php.................... lebanonfcc@comcast.net
  Mon, Wed, Fri 4:30 pm - 5:30 pm

Meals on Wheels – Dining Site: Coordinated through Cascades West
  Council of Governments (COG).
  www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/
  Albany: Albany Senior Center
  489 Water Ave, NW....................................................... 541-967-7647
  Mon-Fri 11:30 am

Mid-Willamette Family WMCA: Youth and teen summer meal program.
  3311 Pacific Blvd, SW ................................................... 541-926-4488
  www.ymcaalbany.org...................................... executive@ymcaalbany.org
  Mon-Thu 5:00 pm - 5:30 pm

Real Bowls Real People:
  Lebanon: River Park, 1255 E Grant St......................... 541-409-6648
  Sun 1:30 pm - 3:00 pm
Saint Mary's Soup Kitchen:
Albany: 820 Ellsworth St, SW ............................................... 541-926-8562
www.stmarysalbany.com/soup-kitchen
............................................................. stmarysoffice_albany@comcast.net
Mon, Wed, Fri 5:00 pm - 6:00 pm

Sweet Home Emergency Ministries (SHEM) Manna Soup Kitchen:
United Methodist Church, 845 6th Ave ................................. 541-367-6504
www.shemfoodbank.org/available-services/ .... shemfoodbank@gmail.com
Tue, Wed, Fri 5:00 pm - 6:00 pm

FOOD & FIREWOOD GLEANING

Linn Benton Food Share: Refers participants and volunteers to local groups. Refers donors of surplus food and wood to local gleaning groups. Contact Gleaning Programs Coordinator.
Corvallis: 545 SW 2nd St, Ste A ........................................... 541-758-2645
Mon-Fri 8:00 am - 5:00 pm
Gleaners: People who are able-bodied volunteers with low incomes gather crops, surplus, or salvaged foods and firewood to share equally with adoptees, who are elderly and/or disabled individuals with low incomes. Gleaners also share with food banks and agencies that sponsor group meals. There are 14 gleaning groups in Benton and Linn Counties:

Albany:
   Albany Gleaners
   Helping Hands
   Mid-Valley Gleaners
Alsea:
   Alsea Valley Gleaners
Brownsville, Halsey, Peoria,
Shedd:
   Central Valley Harvesters
Corvallis:
   Marys River Gleaners
   Crabtree, Jefferson, Scio:
   North Santiam Gleaners
Halsey
   Central Valley Gleaners

Harrisburg:
   Harrisburg Harvesters
Lebanon:
   Lebanon Gleaners
Mill City:
   Canyon Gleaners
Monroe:
   South Benton County Gleaners
Philomath:
   Philomath Community Gleaners
Sweet Home:
   Fair Share Unlimited
   Sweet Home Gleaners

To join a gleaning group, call the Gleaning Programs Coordinator.
............................................................................................... 541-758-2645
www.communityservices.us/nutrition/detail/category/gleaning-programs
The Arc Resale:
www.arcbenton.org
Corvallis: 928 NW Beca Ave ................................................ 541-754-9011
Mon-Sun 10:00 am - 5:30 pm
Philomath: 936 S Main St .................................................. 541-929-3946
Mon-Sat 10:00 am - 5:30 pm, Sun 12:00 pm - 5:30 pm
Benton Furniture Share Volunteers pick up, clean, repair, and deliver furniture to people who need it. Referral from social service agency.
Corvallis: 155 SE Lilly Ave ................................................ 541-754-9511
www.furnitureshare.org
Tue-Fri 9:00 am - 4:00 pm – client services and donations
Fish of Albany: Kitchen items, toiletries.
1880 SE Hill St ........................................................... 541-928-4460
www.fishofalbany.com ........................................ fishofalbany@integra.net
Goodwill Industries:
Albany: 1605 Pacific Blvd ............................................... 541-928-3261
Mon-Sat 9:00 am - 10:00 pm; Sun 10:00 am - 5:00 pm
Corvallis: 1325 NW 9th St
Mon-Fri 9:00 am - 10:00 pm; Sat 9:00 am - 5:00 pm; Sun 10:00 am - 7:00 pm
Habitat for Humanity Restore: Discount home improvement store.
Albany: 1225 SE 6th Ave ................................................... 541-924-1450
www.albanyareahfh.org/restore.htm..... storemanager@albanyrestore.org
Corvallis: 4749 SW Philomath Blvd .................................. 541-752-6637
www.bentonhabitat.org/restore/
Heartland Humane Society Thrift Shop:
Corvallis: 411 SW 3rd St .................................................. 541-757-0573
www.heartlandhumane.org/thrift-shop/
Mon-Sat 10:00 am - 5:00 pm
Jefferson, Scio, and Crabtree Community Food Bank
Jefferson: 172 N Main St .................................................... 541-327-2442
first and last full week of each month Thu 9:00 am - 7:00 pm;
Fri 9:00 am - 2:00 pm
June’s Kids’Kloset: Provides free donated clothing for babies and youth through high school and baby furniture to parents with low incomes or anyone in need.
Philomath: 360 S 9th St ...................................................... 541-929-2499
Tue 6:00 pm - 8:00 pm; Thu 9:00 am - 2:00 pm
OSU Folk Club Thrift Shop

Corvallis: 144 NW 2nd St .................................................. 541-752-4733

Early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm
Mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

St. Vincent de Paul: Household items, rent and utility assistance.

Lebanon: 233 2nd St .................................................. 541-258-5405

Wed 9:00 am - 11:00 am – rent and utility assistance
Wed 11:30 am - 3:30 pm – household items

Sweet Home Emergency Ministries (SHEM) Carmen's Closet: Free household items, clothing, shoes, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

3031 Hwy 20 .................................................. 541-367-6504 or 541-367-7290
www.shemfoodbank.org ........................................... shemfoodbank@gmail.com

Seventh-Day Adventist Community Services Center: Free dishes, bedding, and clothing.

Sweet Home: 300 Holley Rd/Hwy 228 .................................. 541-367-4524
www.sweethome 22.adventistchurchconnect.org ........................................... sweethomesda@yahoo.com

Mon 9:00 am - 1:00 pm

Sharing Hands Thrift Shop:

Brownsville: 107 W Bishop Way .................................. 541-466-3110
www.sharinghands.org ........................................... sharinghands@peak.org

Tue-Sat 10:00 am - 4:00 pm

Sweet Home Gleaners, Inc., Thrift Store:

3031 Main St/U.S. Hwy 20 ........................................... 541-367-3190
www.sweethomegleaners.org ........................................... sweethomegleaners@sweethomegleaners.org

Mon-Sat 9:00 am - 4:00 pm

Vina Moses Center: Free clothing and household items to low-income Benton County residents (provide proof of residence). Diapers when available.

Corvallis: 968 NW Garfield Ave .................................. 541-753-1420
www.vinamoses.org
Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm
first Sat of each month 9:00 am - 12:00 pm

GAMBLING

Gambling Addiction: Toll-free .................................. 877-MY-LIMIT (695-4648)
www.1877mylimit.org
Linn County Department of Human Services: 541-967-3888
www.co.linn.or.us linnhhsadmin@co.linn.or.us

National Council on Problem Gambling:
Toll-free: 800-522-4700
www.ncpgambling.org ncpgambling.org/chat

HOUSING

Albany Partnership for Housing and Community Development: Creates affordable housing for Albany residents with restricted incomes; emergency rental and utility assistance; transitional housing.
Main Office: 2078 6th Ave, SE 541-926-5451
www.albanypartnership.org

Housing Sites:
ParkRose: 2078 6th Ave, SE 541-926-5451
parkrose@aphcd.org
Parkside Court: 715 24th Ave, SE #1 541-928-5612
parkside@aphcd.org
Periwinkle Place: 1700 Periwinkle Cir, SE 541-924-3997
periwinkle@aphcd.org
Songbird Village: 215 21st Ave, SE 541-924-1003
songbird@aphcd.org

Community Services Consortium (CSC): Offers a variety of housing services to clients with housing needs.
www.communityservices.us info@communityservices.us

Emergency and Transitional Housing Programs: Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent, affordable housing. Rental deposit assistance.
Benton County/Corvallis: 545 SW 2nd St, Ste A 541-758-2632
Linn County/Albany: 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335

Supportive Services for Veterans Families: Promotes housing stability among very-low-income veteran families residing in or transitioning to permanent housing.
Benton County/Corvallis: 545 SW 2nd St, Ste A 541-752-1010
Linn County/Albany: 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335
ssvf@communityservices.us

Weatherization Program: Offers free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.
Corvallis 541-758-2616 or 541-758-2627
Corvallis (City of) Housing & Neighborhood Services Division: Assists with landlord/tenant and habitability issues, sub-standard housing conditions.

501 SW Madison Ave ............................................................ 541-766-6944
www.corvallisoregon.gov ........................................... housing@corvallisoregon.gov

Fair Housing Council of Oregon: Landlord/tenant issues.
Portland: 1221 SW Yamhill St #305................................. 503-223-8197
Toll-free ............................................................................. 800-424-3247

Habitat for Humanity: Provides subsidized home acquisition and home ownership through community efforts. No emergency services. Application process.
Albany: (public school district area) 1538 Queen St, SE .... 541-967-4030
www.albanyareahfh.org .................................................. aahfh@peak.org
Benton County/Corvallis: 4840 SW Philomath Blvd .......... 541-752-3354
www.bentonhabitat.org
Lebanon ........................................................................... 541-405-5213
www.lebanonoregonhabitat.com

Housing Discrimination Hotline (Community Services Consortium):
........................................................................................... 541-704-7649
www.communityservices.us ................................ fairhousing@communityservices.us

Housing Shelter: See "Shelter for Homeless."

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals. "Section 8" housing choice vouchers.
Albany: 1250 Queen Ave, SE ...............................541-926-4497 or 541-928-6901
TDD .................................................................................. 541-926-8338
www.l-bha.org .............................................................. mail@l-bha.org
Mon-Thu 8:00 am - 5:00 pm

Lovelace Development, LLC: Low-income senior housing for those 55 years old and older capable of living independently.
Lebanon: Stillwater Apartments, 1811 S 2nd St .............. 541-258-8690
www.lovelacedevelopment.com ................................ stillwater@lovelacedevelopment.com

Signs of Victory Freedom Road House: Transitional housing.
Albany: 1100 Jackson St, SE ............................................. 541-928-6927
www.signsofvictory.webs.com

United States Department of Housing and Urban Development:
Regional Housing Discrimination Office/Seattle ............. 800-877-0246
www.hud.gov

Willamette Neighborhood Housing Services (WNHS): Homeownership center, financial fitness classes, financial literacy program, affordable housing.
Corvallis: 257 SW Madison Ave ................................... 541-752-7220
Toll-free ............................................................................. 800-403-0957
www.w-nhs.org ................................................................ info@w-nhs.org
Rehabilitation

Habitat for Humanity Restore: Discount home improvement store.

**Albany:** 1225 SE 6th Ave.......................................................... 541-924-1450
www.albanyareahfh.org/restore.htm...... storemanager@albanyrestore.org

**Corvallis:** 4840 SW Philomath Blvd ............................................. 541-752-6637
www.bentonhabitat.org/restore

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**INFORMATION & REFERRAL**

211.org .................................................................................................. 2-1-1
www.211info.org ..................... text ZIP Code to 898211 for mobile service
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

**American Red Cross:**

**Albany:** 3388 Pacific Blvd, SW ............................................. 541-926-1543

**Community Outreach, Inc. (COI):** Information and referral, emergency
shelter, case management, telephone and message service.

**Corvallis:** 865 NW Reiman Ave.................................................. 541-758-3000
www.communityoutreachinc.org

**Community Services Consortium (CSC):** Information and referral to
services in Benton and Linn Counties.

**Albany:** 250 Broadalbin St, SW, Ste 2A .................................. 541-928-6335
**Corvallis:** 545 SW 2nd St, Ste A ........................................... 541-752-1010
www.communityservices.us ..................... info@communityservices.us

**Families and Community Together (FACT):** Helps families and students
in Albany school system seeking access to health and social services.

**Albany:** 701 SE 19th St................................................................. 541-924-3720
www.albany.k12.or.us/departments

**Fish of Lebanon:** Identification cards.
First Presbyterian Church, 145 W Ash ...................... 541-259-3200

**Greater Albany Public Schools Welcome Center/Centro de Bienvenida:**
Language interpretation.

718 7th Ave, SW ................................................................. 541-967-4525
www.albany.k.12.or.us

**The H.A.R.T. Community Center:** Coordinates and offers many low- or
no-cost services for Harrisburg residents. Public Internet access.

**Harrisburg:** 354 Smith Street .................................................. 541-995-7700
www.ci.harrisburg.or.us or www.hartcommunitycenter.org

................................................................................................. admin@hartcommunitycenter.org
Love In the Name of Christ (INC): Referral, transportation, home needs, lends durable medical equipment, bicycles accepted to repair and be donated to low-income children and families, towels and bedding, personal hygiene closet.

**Albany:** 1606 Santiam Hwy ................................................................. 541-924-5683
www.lovelinn.org ........................................................................ lovelinncc@lovelinn.com

**Corvallis:** 2330 NW Professional Dr, Ste 102 ............................ 541-757-8111
www.yourloveinc.org ....................................................................... admin@yourloveinc.org

**Medication Disposal:**

**Albany:** Albany Police Department
1117 Jackson St, SE................................................................. 541-917-7680
www.cityofalbany.net/departments/police
Drop-box in Department lobby available Mon-Fri 7:30 am - 6:30 pm.

**Philomath:** Philomath Police Department
1010 Applegate St ................................................................. 541-929-6911
www.ci.philomath.or.us
Medications, in original containers, are accepted at Department Mon-Fri 8:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm).

**Oregon Health Authority Public Health Division:** Birth, marriage, divorce, and death certificates.
800 NE Oregon St, Ste 505, Portland, OR 97232 .........................................................
........................................................................ 971-673-1222 or 971-673-1190
www.public.health.oregon.gov/BirthDeathCertificates

**Oregon National Guard Family Program:**

**Albany:** 3800 Knox Butte Rd................................................................. 541-321-3056
www.oregonbtyr.org
Statewide ........................................................................ 503-584-2389 or 503-584-2391
Mon-Fri 7:30 am - 4:30 pm

**After hours:** Toll-free ................................................................. 800-511-6944

**Oregon SafeNet:** Helps people find free or low-cost health care and other services in their communities.
Toll-free ................................................................. 800-SAFENET (723-3638)
Mon-Fri 8:00 am - 6:00 pm

**Philomath Community Services:** Provides various social services to residents of Philomath and Western Benton County.
360 S 9th St ................................................................. 541-929-2499

**Volunteer Interfaith Caregivers:** Transportation to medical appointments.
**Albany:** 930 SW Queen Avenue ................................................................. 541-928-2173
www.volunteercaregivers.org/ .................................................. vcweb930@aol.com

**Corvallis:** 501 NW 25th Street ................................................................. 541-757-0980
www.caregiversvic.org/
Support Groups

Abuse Victims

Center Against Rape and Domestic Violence (CARDV): 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

*Corvallis office: 4786 SW Philomath Blvd............................. 541-758-0219
Local 24-hr hotline............................................................. 541-754-0110
Toll-free 24-hr hotline....................................................... 800-927-0197
www.cardv.org................................................................. info@cardv.org

Alcohol Dependency:

Communities Helping Addicts Negotiate Change Effectively (CHANCE): Recovery support, classes, smoking cessation.

*Albany: 238 3rd Ave, SE................................. 541-791-3411
*Lebanon: 365 S Main............................................ 541-258-6959
Mon-Fri 9:00 am - 5:00 pm, Sat 12:00 pm - 5:00 pm (both locations)
www.chancerecovery.org................................chance1002@questoffice.net

Linn County Department of Health Services

*Lebanon: 1600 S Main St............................................ 541-451-5932
*Sweet Home: 799 Long St .......................................... 541-367-3888
www.co.linn.or.us/health/alcohol_drug/ad.htm........linnad@co.linn.or.us

Breastfeeding:

Linn County Department of Health Services

*Albany: 104 4th Ave, SE........................................... 541-967-3888
www.co.linn.or.us/health/public_health/wic-bf.htm
.................................................................linnhhsadmin@co.linn.or.us

Samaritan Health Services

*Lebanon: 525 N Santiam Hwy, Lactation Line............. 541-451-7588
www.samhealth.org

Co-Dependents Anonymous:

Communities Helping Addicts Negotiate Change Effectively (CHANCE): Recovery support, classes, smoking cessation.

*Albany: 238 3rd Ave, SE................................. 541-791-3411
*Lebanon: 365 S Main............................................ 541-258-6959
Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)
www.chancerecovery.org................................chance1002@questoffice.net

Debt/Over-Spending:

Communities Helping Addicts Negotiate Change Effectively (CHANCE): Recovery support, classes, smoking cessation.

*Albany: 238 3rd Ave, SE................................. 541-791-3411
*Lebanon: 365 S Main............................................ 541-258-6959
Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)
www.chancerecovery.org................................chance1002@questoffice.net
Parenting

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.
Albany: 701 SE 19th St.......................................................... 541-924-3720
www.albany.k12.or.us/departments

Pregnancy and Post-Abortion

Options Pregnancy Resource Center: Sexual abstinence education programs.
Albany: 1800 16th Ave, SE.................................................. 541-924-0160
www.possiblypregnant.org .......... possiblypregnant@optionsprc.org

LEGAL & MEDIATION ASSISTANCE

American Civil Liberties Union (ACLU) of Oregon: Legal assistance in matters of civil liberties, discrimination, violation of free speech, etc.
Benton and Linn Counties.............................. 541-754-6245 x148
Eugene.......................................................... 541-345-6162
Portland .......................................................... 503-227-3186
www.aclu-or.org ................................................ info@aclu-or.org

Linn Benton Legal Aid and Senior Law: Free legal assistance to low-income Oregonians.
Albany: 433 4th Ave, SW ........................................... 541-926-8678
Toll-free.......................................................... 800-817-4605
Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
www.oregonlawhelp.org

Modest Means Program: Affordable legal assistance through referral by the Oregon State Bar. Complete and submit application.
Toll-free.......................................................... 800-452-7636
www.oregonstatebar.org/public/ris/ .............. legalhelp@oregonstatebar.org

Neighbor-to-Neighbor Mediation: Juvenile delinquency diversion counseling.
Albany: 308 Broadalbin St, SW ......................... 541-223-4189
www.n2nmediation.org........................................ n2nbentonlinn@gmail.com

Neighborhood Dispute Resolution: Resolutions Northwest facilitates honest conversation to resolve conflict and advance racial and social justice.
Portland: 1827 NE 44th Ave ................................. 503-595-4890
www.resolutionsnorthwest.org ............... info@resolutionsnorthwest.org

Oregon Mediation Association: Assistance finding a mediator.
Portland: .......................................... 503-872-9775
www.omediate.org........................................ oma@oregonmediationassn.org
Pastoral Counseling Center: Individual, couple, and family counseling.  
**Albany:** First Christian Church, 432 Ferry St, SW .......... 541-753-9217  
**Corvallis:** First Christian Church, 602 SW Madison Ave ..... 541-753-9217  
**Lebanon:** 1890 S 2nd St......................................................... 541-451-5015  
www.pastoralcounseling-oregon.org  

Tel-Law: Legal information provided by Oregon State Bar.  
**Tigard:** 16037 SW Upper Boones Ferry Rd ....................503-620-0222  
**Toll-free.................................................................................. 800-452-8260  
www.osbar.org ..................................................................... info@osbar.org  

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**MEDICAL**

Acquired Immune Deficiency Syndrome (AIDS):  
**Benton County Health Department:**  
**Corvallis:** 530 NW 27th St.........................541-766-6839 or 541-936-1771  
www.co.benton.or.us/health  

**Linn County Health Department**  
**Albany:** 2730 Pacific Blvd, SE ...............541-967-3888 or 541-936-1771  
www.co.linn.or.us/health/public_health........linnhsadmin@co.linn.or.us  
**Hotline:**  **Toll-free................................................................. 800-777-2437**  

**Valley AIDS Information Network, Inc.**  
**Corvallis:** 1115 SE Park Ave...............................752-752-6322  
**Toll-free................................................................. 800-588-2437  
www.valleyaidsinfo.org.................................valleyaidsinfo@gmail.com  

**Alsea Rural Health Care:**  
435 E Elder St ......................................................... 541-487-7116  
www.alseaclinic.org  
Mon, Wed, Thu 8:30 am - 4:00 pm; Tue 1:00 pm - 5:30 pm  

**Alzheimer's Association:**  
**Eugene:** 1000 Willagillespie Rd, Ste 100  
**Portland:** 1650 NW Naito Parkway, Ste 190  
**Salem:** 2615 Portland Rd, NE  
24-hour help line: **Toll-free................................................................. 800-272-3900**  
(calls automatically direct to nearest open office or to central office in Chicago, Illinois)  

**Benton County Health Department:** Vaccinations, well baby care.  
www.co.benton.or.us/health  

**Benton Community Health Center:**  
**Corvallis:** 530 NW 27th St.......................... 541-766-6835  

**Benton Family Medicine:** Affordable medical care, dental care, immunization, mental health and addictions, and pharmacy services. Sliding fee scale.  
**Corvallis:** 530 NW 27th St.......................... 541-766-6835  
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 11:00 am - 7:00 pm
East Linn Health Center:
  Lebanon: 100 Mullins Dr, Ste A-1 ............................... 541-451-6920
  Mon, Wed 8:00 am - 7:00 pm (closed 1:00 pm - 2:00 pm)
  Tue, Thu, Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Lincoln Family Medicine:
  Corvallis: 121 SE Viewmont Ave ................................. 541-766-3546
  Mon, Wed 8:00 am - 8:00 pm; Tue, Thu, Fri 8:00 am - 5:00 pm

Monroe Family Medicine/Monroe Health Center:
  610 Dragon Dr .......................................................... 541-847-5143
  Mon, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm

Community Outreach, Inc. (COI) Medical Clinics: Acute, outpatient care
only. Services for low-income, uninsured patients with no access to other
medical care. $5 fee; if unable to pay, free.
  865 NW Reiman Ave ....................................................... 541-758-3000
  www.communityoutreachinc.org
  Mon, Fri 8:00 am; Wed 5:30 pm – sign up

Hospice Care: Provides supportive care services to terminally ill people and
their families.
  Corvallis: Benton Hospice Service, 2350 NW Professional Drive
  ................................................................. 541-757-9616
  Toll-free: .......................................................... 800-898-9616
  www.bentonhospice.org
  Albany: Samaritan Evergreen Hospice, 4600 Evergreen Pl, SE
  ................................................................. 541-812-4662
  www.samhealth.org/health-services/all-services/hospice-palliative-care

Hospital and Urgent Care: Vaccinations.
  Albany:
  Samaritan Albany General Hospital
  1046 6th Ave, SW .................................................. 541-812-4000
  www.samhealth.org
  open 24 hours each day
  Samaritan Urgent Care, Geary Street
  1700 Geary St, SE .................................................. 541-812-5500
  www.samhealth.org
  Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -
  6:00 pm; holidays 10:00 am - 4:00 pm
  Samaritan Urgent Care, North Albany
  400 NW Hickory St, Ste 303 ........................................... 541-812-5275
  www.samhealth.org
  Mon-Fri 10:00 am - 7:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -
  6:00 pm
Corvallis:
The Corvallis Clinic Immediate Care Center
3680 NW Samaritan Dr ................................................... 541-754-1282
www.corvallisclinic.com
Mon-Fri 8:00 am - 8:00 pm; Sat, Sun, 10:00 am - 5:00 pm
Good Samaritan Regional Medical Center
3600 NW Samaritan Dr ................................................... 541-768-5111
www.samhealth.org
open 24 hours each day
Samaritan Urgent Care, Corvallis
5234 SW Philomath Blvd ................................................ 541-768-4970
www.samhealth.org
Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am - 6:00 pm

Lebanon:
Samaritan Lebanon Community Hospital
525 N Santiam Hwy ........................................................ 541-258-2101
www.samhealth.org
open 24 hours each day
Samaritan Urgent Care, Lebanon
35 Mullins Dr, Ste 2 ........................................................ 541-451-7915
www.samhealth.org
Mon-Fri 9:00 am - 9:00 pm; Sat, Sun 9:00 am - 6:00 pm

Mill City:
Santiam Hospital: Vaccinations, public clinics, family practice, well baby care.
280 S 1st Ave .................................................................. 503-897-4100
www.santiamhospital.org

Linn County Health Department Public Health Services: Immunizations; nutritional program for women, infants, and children; communicable disease; family planning; human immunodeficiency virus (HIV)/Acquired Immune Deficiency Syndrome (AIDS) wellness; sexually transmitted diseases; Medicheck examinations; maternal-child health.
www.co.linn.or.us/health

Albany: 315 4th Ave, SW .................................................. 541-967-3888
Lebanon: 1600 Main St .................................................... 541-451-5932
Sweet Home: 799 Long St .................................................. 541-367-3888

Oregon Helps: A free pre-screener Internet service that determines whether applicants qualify for a range of public benefits.
www.211info.org/oregonhelps.org

Oregon Poison Center:
Portland: 3181 SW Sam Jackson Park Rd
Toll-free .............................................................................. 800-222-1222
Oregon Prescription Drug Program: No age or income limits.
Administered by Moda Health: Toll-free ......................... 800-913-4146
Enrollment questions: Toll-free ..................................... 800-913-4284
Oregon SafeNet: Hotline linking low-income Oregon residents with health care and social services in their communities.
Toll-free ................................................................. 800-SAFENET (723-3638)
Prescription Drug Assistance: Toll-free ......................... 855-991-8687
www.rxassist.org
Samaritan Health Services:
www.samhealth.org

Albany:
Calapooia Family Medicine: 1100 7th Ave, SW .............. 541-812-3349
Family Medicine – Geary Street: 1700 Geary St, SE ....... 541-812-5500
Albany InReach Services: 2730 Pacific Blvd, SE ............ 541-812-4059
Mid-Valley Children's Clinic: 734 Elm St, SW ................ 541-812-5111
North Albany Medical Clinic: 400 Hickory St NW, Ste 300
.................................................................................. 541-812-5700
Ob-Gyn: 705 Elm St, SW, Ste 200 ............................... 541-812-4850

Brownsville:
Family Medicine – Brownsville: 157 Spaulding Ave ....... 541-451-6940

Lebanon:
Lebanon Health Center: 675 N 5th St ......................... 541-451-7820
Main Street Family Medicine: 191 N Main St ............... 541-451-7940
Mid-Valley Medical Plaza: 425 Santiam Hwy ............... 541-451-7800

Samaritan Medication Assistance Program: Follow instructions in recorded message.

Albany ................................................................. 541-812-5078

Sexually Transmitted Disease (STD)

Oregon Human Immunodeficiency Virus (HIV)/STD Hotline: Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project
Portland: 208 SW 5th Ave, Ste 800 ............................. 503-223-2437
Toll-free ..................................................................... 800-777-AIDS (2437)
En Español: .............................................................. 800-499-6940

Valley AIDS Information Network, Inc.
Corvallis: 1115 SE Park Ave ....................................... 752-752-6322
Toll-free .................................................................... 800-588-2437
www.valleyaidsinfo.org ............................................ valleyaidsinfo@gmail.com
MEDICAL HEALTH INSURANCE

Family Health Insurance Assistance Program (FHIAP): Assists with subsidy to qualified people or families for health insurance plan.
   Salem: 250 Church St, SE, Ste 200
   Toll-free: ................................................................. 888-564-9669

Oregon Health Plan (OHP): Provides health insurance to qualified citizens; includes dental services.
   Salem: Health Systems Division, 500 Summer St, NE
     Administration: .......................................................... 503-945-5772
     Toll-free: ............................................................... 800-527-5772
     Application Center: Toll-free...................................... 800-699-9075
     Customer Service: Toll-free................................. 800-273-0557 or 800-699-9075
     TTY: ........................................................................... 771

www.oregon.gov/oha/healthplan

Oregon Medical Insurance Pool (OMIP): Established for Oregon residents unable to obtain individual health insurance coverage; administered through Regence BlueCross BlueShield
   Portland: 2110 SW Jefferson St, 3rd Flr .............................. 503-608-7768
   Toll-free: ....................................................................... 866-530-7743
   www.myoregonhealthinsurance.com..................... contact@centurybenefits.com

Retired Senior Volunteer Program (RSVP) and Foster Grandparents (FGP):
   Albany: 1400 SE Queen Ave, Ste 206 ............................. 541-812-0849
   www.rsvpoflbl.org

Senior Health Insurance Benefits Assistance (SHIBA):
   Albany Senior Center: 489 Water Ave, NW..................... 541-917-7760
   Corvallis Senior Center: 2601 NW Tyler Ave .................. 541-766-6959
   Lebanon Senior Center: 80 Tangent St........................... 541-258-4919
   Sweet Home Senior Center: 880 18th Ave...................... 541-367-4775
   State office Toll-free: ............................................... 800-722-4134
   www.oregon.gov/dcbs/shiba

MENTORING

Y-Mentoring: Albany YMCA matches adults with children and teens for mentoring and friendship.
   Albany ................................................................. 541-926-4488 x306
   www.ymcaalbany.org
PREGNANCY & PARENTING SUPPORT

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.
  *Albany*: 701 SE 19th St.......................................................... 541-924-3720
  www.albany.k12.or.us/departments

Family Connections: Parents' advice line, support, and referral; child care resources and referral; lifespan respite care and training for child care providers; services provided through Linn-Benton Community College.
  *Albany*: 6500 Pacific Blvd, SW .................................................. 541-917-4899
  *Toll-free* .................................................................................. 800-845-1363

Family Tree Relief Nursery: Support service to parents experiencing stress with children younger than 6 years old. Free to eligible Linn County families.
  *Albany*: 1005 NW Springhill Dr ............................................. 541-967-6580
  www.familytreern.org

Fish Guest House: Transitional housing, shelter for pregnant and parenting teens, emergency prescriptions, counseling, and referrals; operated through Fish of Albany.
  *Albany*: 1880 Hill St, SE.......................................................... 541-928-4460
  www.fishofalbany.com .................................................. fishofalbany@integra.net

Healthy Families of Linn and Benton Counties: Information, support, and home visits to first-time parents.
  *Benton County/Corvallis*: 1650 SW 45th Pl................................. 541-757-8068
  *Linn County/Albany*: 1113 SE Hill Street .................................. 541-666-2946
  www.oldmillcenter.org

Options Pregnancy Resource Center: Physician referrals; pregnancy, parenting, and post-abortion support groups.
  *Albany*: 1800 16th Ave, SE..................................................... 541-924-0160
  *Corvallis*: 867 NW 23rd St .......................... 541-758-3662 or 541-757-9645
  www.optionsprc.org .................................................. possiblypregnant@optionsprc.org

Planned Parenthood: *Toll-free* .................................................. 800-230-7526
  www.plannedparenthood.org

Pregnancy Care Center:
  *Corvallis*: 867 NW 23rd St ................................................. 541-758-3662 or 757-9645

Sweet Home Pregnancy Care: Pro-life pregnancy counseling, pregnancy and parenting support.
  1344 Main St ............................................................................. 541-367-2477
  www.possiblypregnant.org ........................................... shpcc@comcast.net
Abuse Helpline:
Benton and Linn Counties/Albany ........................................ 541-924-8418
Toll-free........................................................................... 888-896-1013

Benefits Checkup: Determines whether someone qualifies for benefits.
www.benefitscheckup.org

Eldercare Locator: Toll-free ............................................. 800-677-1116

Experience Works: Assists mature workers (55 years old and older) with employment search.
Benton and Linn Counties/Albany: ........................................ 541-812-8661
www.experienceworks.org

Grace Center for Adult Day Services: Provides seniors and disabled adults opportunities for exercise, socialization, and cognitive therapy while their family caregivers receive the benefit of respite.
Corvallis: 980 NW Spruce Ave ........................................ 541-754-8417
www.gracecenter-corballis.org .................. office@gracecenter-corballis.org

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals.
Albany: 1250 Queen Ave, SE ........................................ 541-926-4497
TDD ........................................................................... 541-926-8338
www.l-bha.org ...................................................... mail@l-bha.org
Mon-Thu 8:00 am - 5:00 pm

Medicare: Toll-free............................................. 800-633-4227 or 800-772-1213
www.medicare.gov

Oregon Cascades West Council of Governments (COG): A variety of services to help seniors live independently. Aging and Disability Resource Connection (ADRC) offers a single source of information and assistance on issues affecting older adults and people with disabilities, regardless their income.
Albany: 1400 Queen Ave, SE, Ste 205A .......................... 541-967-8720
Toll-free........................................................................ 800-638-0510
www.ocwcog.org/seniors-disability/adrc .......... adrcmail@ocwcog.org

Oregon Prescription Drug Program: No age or income limits.
Toll-free........................................................... 888-411-6737
www.oregon.gov/oha/pharmacy/opdp

Prescription Drug Assistance: Patient assistance programs operated by pharmaceutical companies to provide free medications to people who cannot afford to purchase their medications
www.rxassist.org......................................................... info@rxassist.org
Protective Services: Oregon Cascades West Council of Governments (COG) Senior and Disabled Services Adult Protective Services investigates alleged abuse and/or neglect of seniors and adults with disabilities.

*Albany:* 1400 Queen Ave, SE, Ste 206 ............................. 541-967-8630
www.ocwcog.org/seniors-disability/adult-protective/

Retired Senior Volunteer Program (RSVP): A Cascades West Council of Governments (COG) program that networks with non-profit organizations in Benton and Linn Counties needing volunteers, including Senior Health Insurance Benefits Assistance (SHIBA), Senior Peer Counseling, American Association of Retired Persons (AARP) Tax Aide, Service Learning, HandsOn Linn-Benton, offering a wide variety of volunteer positions.

*Albany:* 1400 SE Queen Ave, Ste 206 ............................. 541-812-0849
www.rsvpoftlbl.org

Senior Centers

*Albany:* Albany Senior Center: Multi-purpose community center operated by City of Albany Parks and Recreation Department; community resource, providing information on aging, supporting family caregivers, training professional and lay leaders and students, and developing innovative approaches to addressing aging issues; meal site; Senior Health Insurance Benefits Assistance (SHIBA); rent rebate/tax credit information.

489 Water Ave, NW .................................................. 541-917-7760
www.cityofalbany.net/departments/parks-and-recreation/seniorcenter/ albany-senior-center

*Corvallis:* Chintimini Senior and Community Center: Offers a variety of services and activities to older adults and links participants with resources offered by other agencies; provides information on aging, supports family caregivers, trains professional and lay leaders and students, and develops innovative approaches to addressing aging issues; meal site.

2601 NW Tyler Av e .................................................. 541-766-6959
www.corvallisoregon.gov

Senior Companion Program: A Samaritan Health Services program for senior volunteers assisting homebound seniors and disabled adults; volunteers receive a stipend and expense reimbursement.

*Linn and Benton Counties/Albany* ............................. 541-812-4185

Senior Meals Location Program:

*Benton and Linn Counties/Albany* ............................. 541-967-8630
*Toll-free* .............................................................. 800-638-0510

*Albany:* Albany Senior Center

489 Water Ave, NW .................................................. 541-967-7647

Mon-Fri 11:30 am
Brownsville: Christian Church
117 N Main St ................................................................. 541-466-5015
Tue, Thu 2:00 pm

Corvallis: Chintimini Senior and Community Center
2601 NW Tyler Ave ....................................................... 541-753-1022
Mon-Fri 11:50 am

Lebanon: Lebanon Senior Center
80 Tangent St .................................................................. 541-451-1139
Mon-Fri 12:00 pm

Mill City: First Presbyterian Church
236 W Broadway ......................................................... 503-897-2204
Tue, Thu 12:00 pm

Sweet Home: Sweet Home Community Center
880 18th St ...................................................................... 541-367-8843
Mon, Tue, Fri 12:00 pm

Social Security:
Albany: 1390 Waverly Dr, SE, Ste 110
Toll-free ...................................................................... 800-772-1213

Visiting Angels of Willamette Valley: Senior homecare; assistance with errands and shopping.
Albany: 250 Broadalbin St, SW, Ste 250 ............................... 541-928-2061
www.visitingangels.com/assisted-senior-care-albany-oregon-97321_200
info@visitingangelsalbany.com

SHELTERS FOR HOMELESS

Albany Helping Hands: Emergency and transitional shelter, telephone, mail, and three meals each day; laundry and showers upon approval.
619 9th St, SE ................................................................. 541-926-4036
www.albanyhelpinghands.com wecare@albanyhh.org
Sun-Sat

Center Against Rape and Domestic Violence (CARDV): Shelter, 24-hour hotline, legal advocacy, support groups, counseling.
Corvallis ................................................................. 541-754-0110
Toll-free ................................................................. 800-927-0197
www.cardv.org

Community Outreach, Inc. (COI): Homeless shelter for families and single men and women, medical clinic, 24-hour crisis line, kitchen, emergency food box, outpatient mental health.
Corvallis: 865 NW Reiman Ave ............................................ 541-758-3000
www.communityoutreachinc.org
Corvallis Daytime Drop-In Center: Warm, safe, quiet place for those in need; place to receive mail and access a telephone; referral to service agencies; shower shuttle; Community human immunodeficiency virus (HIV)/Harm Reduction Program; licensed counselors; schedule health clinic appointments; Homeless Employment Launching Project (HELP).
  First Christian Church, 602 SW Madison Ave
  www.corvallis.drop-in.org .............................................. cddc@corvallisddc.org
  Mon-Fri 9:00 am - 2:00 pm
  Jun-Aug Mon-Fri 9:00 am - 12:00 pm

Corvallis Housing First
  425 SW Madison Ave, Ste Q1 ........................................ 541-224-1170
  www.corvallishousingfirst.org
  ..........................................................executivedirector@corvallishousingfirst.org
  .........................................................casemanager@corvallishousingfirst.org

Fish Guest House: Transitional housing shelter for pregnant and parenting teens, emergency prescriptions and transportation, counseling and referrals.
  Albany: 1880 SE Hill St ................................................. 541-928-4460
  www.fishofalbany.com/guest-house.html ........... fishofalbany@integra.net

Jackson Street Youth Services: Provides emergency overnight transitional services, after-school program, tutoring, laundry facilities, living and life skills, mentoring; youth 10 to 17 years old.
  Albany House: 240 SE 7th Ave .................................... 541-220-2950
  Albany Drop-In Center: 960 Queen Ave, SW .............. 541-220-2955
  Corvallis House: 555 NW Jackson St ........................... 541-754-2404
  www.jsysi.org

Signs of Victory: Provides emergency and transitional shelter to people and families, emergency food boxes, clothing, laundry facilities. Open meal site.
  Albany: 1100 Jackson St, SW ...................................... 541-928-6927
  www.signsofvictory.webs.com
  Mon-Sat  breakfast 7:00 am  lunch 12:30 pm  dinner 6:00 pm
  Sun  breakfast 8:00 am

Sweet Home's Hope, Inc.: Emergency housing for homeless Linn County women and children.
  1080 12th Ave ............................................................. 541-367-4673

Winter Shelters: Nov 15 through Mar 15.
  Corvallis:
    *Men:* 530 SW 4th St .................................................. 541-990-4536
      first come, first served; open 7:00 pm until 7:00 am
      *(location will change November 2017)*
    *Women:* First United Methodist Church Community Hall, NW 12th St
      and NW Jackson Ave .................................................. 541-289-9815
      open 6:00 pm until 7:20 am
**TRANSPORTATION**

Albany Call-A-Ride ................................................................. 541-917-7770

Albany Transit System
112 10th Ave, SW ................................................................. 541-917-7667
www.cityofalbany.net/bus

Amtrak
*Albany:* 110 SW 10th St
*Toll-free* .................................................................................. 800-872-7245
www.amtrak.com

Cherriots Ride Share: Operated by Salem-Keizer Transit.
555 Court St, NE, Ste 5230
Administration ................................................................. 503-588-2424
Rider Information .............................................................. 503-588-BUSS (2877)
*Toll-free* .................................................................................. 888-323-7665
www.cherriots.org/en/services/rideshare .......... rideshare@cherriots.org

Corvallis Transit System: Free public transportation within Corvallis City Limits; connections to Linn-Benton Loop and Philomath Connection.
............................................................................................... 541-766-6998
www.corvallisoregon.gov

Dial-A-Bus
*Benton County:* Provides wheelchair-accessible, curb-to-curb transportation, including a route between Corvallis and Albany, for seniors and people with disabilities in Benton County.
www.dialabus.org
*Corvallis:* 4077 SW Research Way ............................................. 541-753-5746
Schedule pick up .............................................................. 541-752-2615
Schedule return ........................................................................ 541-752-2665
*Lebanon:* Operates within Lebanon City Limits; call 24 hours in advance to schedule.
65 Academy St, Ste B .......................541-258-4919 or 541-258-4920
www.ci.lebanon.or.us/seniorservices

*Sweet Home:* Operates within Sweet Home City Limits; call 24 hours in advance to schedule.
880 18th Ave ................................................................. 541-367-4775
www.linnshuttle.com

Gas money: Emergency assistance.
Sharing Hands ........................................................................ 541-466-3110

Greyhound Bus Lines
*Corvallis:* 153 NW 4th St ............................................................. 541-757-1797
*Toll-free* .................................................................................. 800-739-5020
www.shipgreyhound.com .......... greyhound.support@greyhound.com
**Linn-Benton Loop:** Operated by City of Albany, connecting with Albany and Corvallis Transit Systems and Philomath Connection.

.................................................................................................................. 541-917-7667
www.cityofalbany.net/departments/public-works/transportation/linn-benton-loop

**Linn Shuttle** (Albany, Lebanon, Sweet Home): Based at Sweet Home Senior and Community Center, this service links to several transportation systems at the Albany Amtrak station.

_Sweet Home_: 880 18th Ave...................................................... 541-367-4775
www.linnshuttle.com

**Motor Vehicles Division (Oregon Department of Transportation)**

_Albany_: 2242 Santiam Hwy, SE................................. 541-967-2014
_Corvallis_: 870 NE Circle Blvd.................................................. 541-757-4191
_Lebanon_: 2485 S 2nd St................................................... 541-451-1145
www.oregon.gov/odot/dmv

**Oregon State Police Road Conditions**............................................. 800-977-6368

**Philomath Connection:** Operated by City of Corvallis; public transportation between Philomath and Corvallis, connecting with Corvallis Transit System and Linn-Benton Loop. .................................... 541-766-6998
www.corvallisoregon.gov

**Volunteer Caregivers:** Transportation to medical appointments.
_Albany_: 930 Queen, SW......................................................... 541-928-2173
www.volunteer caregiverson.org .......................................... volcaregivers@aol.com

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**UTILITIES**

**Community Services Consortium (CSC):** Electricity, natural gas, propane, and water service assistance for low-income individuals.

_Benton County/Corvallis_: 545 SW 2nd St, Ste A .............. 541-752-2840
_Linn County/Albany_: 250 Broadalbin St, SW, Ste 2A
.................................................................................................................. 541-928-6335 or 541-926-7163
www.communityservices.us ............................................. info@communityservices.us

**Consumers Power:** .......................................................... 541-929-3124
_Toll-free.......................................................... 800-872-9036
www.cpi.coop

**Fish of Albany:** 1880 SE Hill St............................................. 541-928-4460
www.fishofalbany.com ............................................. fishofalbany@integra.net

**Fish of Lebanon:** Natural gas payment emergency assistance.
First Presbyterian Church, 145 W Ash St ......................... 541-259-3200
Mon-Fri 9:00 am - 3:00 pm

**Northwest Natural:** .................................................. 503-226-4211
_Toll-free ........................................................................ 800-422-4012
www.nwnatural.com
Oregon Lifeline Information: Telephone (landline and cellular) assistance program.
  Toll-free.................................................................................. 800-848-4442
Pacific Power: Toll-free .................................................................. 888-221-7070
  www.pacificpower.net
Salvation Army: Assistance when funds are available; call for appointment.
  Albany: ................................................................. 541-928-4774
Sharing Hands: Natural gas payment emergency assistance.
  Brownsville: 107 W Bishop Way................................. 541-466-3110
  www.sharinghands.org .................................................. sharinghands@peak.org

VETERANS

Community Services Consortium (CSC) Supportive Services for Veterans Families: Promotes housing stability among very-low-income veteran families residing in or transitioning to permanent housing.
  Albany: ................................................................. 541-928-6335
  Corvallis: ................................................................. 541-752-1010
  www.communityservices.us ....................... ssvf@communityservices.us
Oregon National Guard Family Program: Military family service/support centers, family assistance program. Check Web site for current Family Assistance Specialist contact information.
  www.oregon.gov/OMD/Documents/Family_Assistance_Contacts.pdf
Oregon Veterans' Service Office: Dental and vision care expense assistance; natural gas payment emergency assistance.
  www.oregon.gov/odva/vsodirect
  Benton County/Corvallis: 301 SW 4th St, Ste 140 ............... 541-758-1595
    Mon-Fri 8:00 am - 4:00 pm (closed 12:00 pm - 1:00 pm)
    www.ocwco.org/seniors-disability/veterans/ .... veterans@ocwco.org
  Linn County/Albany: 330 SW 3rd Ave .......................... 541-967-3882
    Disabled Veterans' Outreach Program Specialist ........... 541-812-8645
    Local Veterans' Employment Representative ............... 541-812-8666
    www.co.linn.or.us
    Mon-Fri 8:30 am - 5:00 pm
    2nd, 4th Wed 9:00 am - 4:00 pm – Sweet Home VFW Hall, Hwy 20
Veterans Employment Services: Through WorkSource Oregon.
  www.oregon.gov/employ/jobseekers
  Mon-Fri 8:00 am - 5:00 pm
Central Oregon Coast

Lincoln County
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABUSE</td>
<td>1</td>
</tr>
<tr>
<td>ALCOHOL &amp; DRUG ABUSE</td>
<td>1</td>
</tr>
<tr>
<td>BIRTH CONTROL &amp; FAMILY PLANNING</td>
<td>2</td>
</tr>
<tr>
<td>CHILDREN</td>
<td>3</td>
</tr>
<tr>
<td>CLOTHING</td>
<td>6</td>
</tr>
<tr>
<td>CRISIS INTERVENTION &amp; ASSISTANCE</td>
<td>7</td>
</tr>
<tr>
<td>DENTAL</td>
<td>7</td>
</tr>
<tr>
<td>DISABILITY</td>
<td>8</td>
</tr>
<tr>
<td>EDUCATION</td>
<td>8</td>
</tr>
<tr>
<td>Charter Schools</td>
<td>8</td>
</tr>
<tr>
<td>Head Start</td>
<td>8</td>
</tr>
<tr>
<td>Other Education Resources</td>
<td>8</td>
</tr>
<tr>
<td>EMPLOYMENT</td>
<td>10</td>
</tr>
<tr>
<td>FINANCIAL SERVICES</td>
<td>11</td>
</tr>
<tr>
<td>FOOD</td>
<td>11</td>
</tr>
<tr>
<td>FOOD PANTRIES</td>
<td>12</td>
</tr>
<tr>
<td>FOOD – SOUP KITCHENS &amp; MEAL SITES</td>
<td>13</td>
</tr>
<tr>
<td>FOOD &amp; FIREWOOD GLEANING</td>
<td>14</td>
</tr>
<tr>
<td>FURNITURE &amp; HOUSEHOLD ITEMS</td>
<td>14</td>
</tr>
<tr>
<td>GAMBLING</td>
<td>15</td>
</tr>
<tr>
<td>HOUSING</td>
<td>15</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>17</td>
</tr>
<tr>
<td>INFORMATION &amp; REFERRAL</td>
<td>17</td>
</tr>
<tr>
<td>Support Groups</td>
<td>20</td>
</tr>
<tr>
<td>LEGAL &amp; MEDIATION ASSISTANCE</td>
<td>20</td>
</tr>
<tr>
<td>MEDICAL</td>
<td>21</td>
</tr>
<tr>
<td>Durable Medical Equipment</td>
<td>24</td>
</tr>
<tr>
<td>Sexually Transmitted Disease (STD)</td>
<td>24</td>
</tr>
<tr>
<td>Support Groups</td>
<td>24</td>
</tr>
<tr>
<td>MEDICAL HEALTH INSURANCE</td>
<td>25</td>
</tr>
<tr>
<td>PREGNANCY &amp; PARENTING SUPPORT</td>
<td>25</td>
</tr>
<tr>
<td>SENIORS</td>
<td>26</td>
</tr>
<tr>
<td>SHELTERS FOR HOMELESS</td>
<td>28</td>
</tr>
<tr>
<td>TRANSPORTATION</td>
<td>28</td>
</tr>
<tr>
<td>Cabs/Taxis</td>
<td>29</td>
</tr>
<tr>
<td>VETERANS</td>
<td>30</td>
</tr>
</tbody>
</table>
ABUSE

Child Welfare Program, Department of Human Services (DHS):
Receives reports of child abuse in Linn, Benton, and Lincoln Counties:
Newport: 119 NE 4th St, Ste 1 ............................................... 541-265-8557
Caseworkers ................................................................. 541-757-4121
Child Abuse Hotline: Toll-free ................................. 866-303-4643 or 855-503-7233
Hotline (Benton, Lincoln, and Linn Counties) ..................... 541-757-5019
Mon-Fri 8:00 am - 5:00 pm
After hours/weekends, call police.................................................... 9-1-1

Children's Advocacy Center: Personnel from law enforcement,
prosecution, medical, and treatment agencies provide assessment and
treatment to help reduce trauma for child victims of abuse.
Newport: 122 NE 47th St.......................................................... 541-574-0841
Toll-free ........................................................................ 866-954-8236
www.childrensadvocacycenter.net ........................................ assistant@lccac.com
Mon-Fri 8:00 am - 5:00 pm

Domestic Violence: Portland Women's Crisis Line (referral to local
programs). Toll-free................................................................. 888-235-5333

Elder Abuse: Toll-free .............................................................. 855-503-SAFE (7233)

My Sister's Place: Comprehensive support for those affected by inter-
personal violence in Lincoln County; provides shelter and practical
assistance, promotes community awareness, actively works to change
community norms regarding violence.
Newport: 934 SW 8th St .................................................................. 541-574-9424
Crisis Line ........................................................................ 541-994-5959
Toll-free .................................................................................. 800-841-8325
www.mysistersplace.us ................................................ info@mysistersplace.us
Mon-Thu 8:30 am - 4:30 pm; Fri 8:30 am - 3:00 pm

National Child Abuse Hotline: Toll-free ....................... 800-422-4453

Oregon Department of Justice Victim Assistance Program:
Newport: 255 W Olive St, Rm 100 ........................................ 541-265-3462
www.co.lincoln.or.us

Oregon Network of Child Abuse Intervention Centers:
Toll-free ........................................................................ 855-503-SAFE (7233)

ALCOHOL & DRUG ABUSE

Alcohol and Drug Help Line:
Toll-free........................................................................ 800-621-1646
www.aa-oregon.org
Alcoholics Anonymous (AA):
  Newport: Lincoln County meeting information ..................... 541-265-1953
  www.aa-oregon.org
  Hotline ................................................................................ 800-333-5051

Community Outreach, Inc. (COI):
  Corvallis: 865 NW Reiman Ave ............................................ 541-758-3000
  www.communityoutreachinc.org

  Hotline .................................................................................... 800-233-8479
  www.opgr.org

Lincoln County Council on Alcohol and Detoxification: Drug rehabilitation primarily focused on substance abuse treatment and drug rehabilitation; specializes in residential short- and long-term drug rehabilitation programs, outpatient drug rehabilitation, and substance abuse day treatment.
  Newport: 351 7th St ............................................................... 541-265-2971

National Alcoholism and Substance Abuse Information Center:
  Toll-free .................................................................................. 800-784-6776

Partnership Against Alcohol and Drug Abuse (PAADA): Community coalition helping youth and adults make healthy decisions and reduce use or abuse of alcohol, tobacco, and other drugs; participates on Lincoln County Juvenile Criminal Court Diversion Program Teen Justice Panel.
  Newport: 324 N Coast Hwy ................................................... 541-574-7890
  www.paada.org

ReConnections Counseling:
  Lincoln City: 2941 NW Hwy 101 ............................................ 541-994-4198
  Newport: 1010 SW Coast Hwy, Ste 307 ................................ 541-574-9570
  Toledo: 173 NE Hwy 20 ........................................................ 541-336-5476
  www.reconnections.com

Stepping Stones Recovery Homes: Non-profit, affordable, clean-and-sober housing program for women, women with children, and men.
  Lincoln City: 6732 SW Galley Ave ....................................... 541-270-0972

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**BIRTH CONTROL & FAMILY PLANNING**

Birthright International: Provides support to women with unplanned pregnancies.
  Newport: 145 NW 10th St ..................................................... 541-265-2404
  Helpline: Toll-free .................................................................... 800-550-4900
  www.birthright.org
  Mon-Fri 10:00 am - 1:00 pm
Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St ................................................................. 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Planned Parenthood: Toll-free .................................................. 800-230-7526
www.plannedparenthood.org

CHILDREN

Bright Horizons Therapeutic Riding Center: Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

Siletz: Walker Farms, 1925 E Logsden Rd ..................................... 541-961-4156
Barn (only answered on riding days) .............................................. 541-444-2021
www.brighthorizonsriding.org .................................. contact@brighthorizonsriding.org

Child Care Resources and Referral (CCRR) for Clatsop, Lincoln, and Tillamook Counties: A state-wide service by Oregon State University (OSU) Extension Service providing support for child care providers and parents seeking child care, with referral offices in each county. CCRR provides information and training on licensing requirements and issues regarding operating a child care business; it also provides referral information to parents.

Newport: 1211 SE Bay Blvd .................................................. 541-265-2558
Toll-free ................................................................. 800-603-2728
www.extensionoregonstate.edu/lincoln/family_care
.......................................... familycareconnection@oregonstate.edu

Children’s Advocacy Center: Personnel from law enforcement, prosecution, medical, and treatment agencies provide assessment and treatment to help reduce trauma for child victims of abuse.

Newport: 122 NE 47th St .................................................. 541-574-0841
Toll-free ................................................................. 866-954-8236
www.childrensadvocacycenter.net .................................. assistant@lccac.com
Mon-Fri 8:00 am - 5:00 pm

Community Outreach, Inc. (COI): Corvallis address not needed for service; appointments required; serves Oregon Health Plan and uninsured patients (outpatient alcohol, mental health, and drug rehabilitation); shelter for men, women, and families.

Corvallis: 865 NW Reiman Ave .............................................. 541-758-3000
www.communityoutreachinc.org
Court-Appointed Special Advocates (CASA) of Lincoln and Tillamook Counties: Advocates for neglected and abused children in juvenile court and community. By referral.

Lincoln County/Newport: 644 SW Coast Hwy ............................. 541-265-3116
www.casalincolntillamook.org ................................. info@casalincolncounty.org

Family Promise of Lincoln County: Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

Lincoln County/Newport: 644 SW Coast Hwy ............................. 541-265-3116
Thrift store ............................................................................. 541-996-6939
www.familypromiseoflincolncounty.org

Healthy Start – Healthy Families Oregon: Parent education and support.

Newport: ............................................................................. 541-265-0436

Lincoln City Community Center: Recreation center; after-school and summer programs (youth 5 to 11 years old).

2150 NE Oar Pl ............................................................. 541-994-2131
www.lincolncity.org

Lincoln County Health and Human Services:

Newport: 36 SW Nye ............................................................. 541-265-4190
Children's Behavioral Health ........................................ 541-265-4179
includes Parent Child Interaction Therapy (PCIT)
Public Health ............................................................................. 541-265-4112
School-Based Health Centers ........................................ 541-265-0581
Women, Infants, and Children (WIC) ................................ 541-265-0578
www.lincolncountyhealth.com .................................. lchhs@co.lincoln.or.us
Mon-Fri 8:00 am - 5:00 pm

Neighbors for Kids: Provides quality after-school and summer programs for Lincoln County school-aged youth. Programs provide educational enrichment, positive youth development, and recreational activities in safe environments, focusing on healthy lifestyles leading toward responsible, contributing adulthood. Supper programs.

Depoe Bay: 634 SE Hwy 101 ............................................. 541-765-8990
www.neighborsforkids.org ............ director@neighborsforkids.org
Mon-Fri 3:00 pm - 6:00 pm; summer Tue-Fri 8:00 am - 5:30 pm

Newport Recreation Center: Programs for youth 3 to 12 years old; lunch and snack included.

Newport: 225 SE Avery St ............................................... 541-265-7783
www.newportoregon.gov/dept/par/programs
Mon-Fri 7:45 am - 5:30 pm

Oceana Family Literacy Center: Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

Lincoln City: 561 SW 29th St ............................................. 541-921-1865
www.oceanacenter.com ........................................... contact@oceanacenter.com
**Oceanspray Family Center:** Operated by The Housing Authority of Lincoln County, the Center promotes self-sufficiency activities through collaboration and organized volunteer action. Youth and senior education programs; after-school activities (kindergarten to 5th grade), summer programs (middle school), leadership and community involvement (high school).

*Newport:* 1039 NW Nye St ........................................... 541-265-5326 x317
www.halc.info/family_center.htm
Mon-Fri 1:00 pm - 5:30 pm

**Satellite Locations (call office):**

*Newport:* Agate Heights Community Room, 150 NE 60th Ave
*Newport:* Salmon Run Community Center, 7034 NE Echo Ct
*Toledo:* Fircrest, 1420 SE Fircrest Way

**Olalla Center for Families and Children:** Serves children with behavioral and/or emotional challenges and their families. Psychiatric day treatment, treatment for youth in a therapeutic setting, outpatient service, specialized day care. Operated by a team of professional staff, including psychiatrists, therapists, behavioral specialists, and skills trainers offering alternative approaches to children's mental health.

*Toledo:* 321 SE 3rd .............................................................. 541-336-2254
www.olallacenter.org
Mon-Fri 8:30 am - 4:30 pm

**Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties:**

*Newport:* 1211 SE Bay Blvd .................................................. 541-265-2558
*Toll-free* ............................................................................. 800-603-2728
www.extension.oregonstate.edu/lincoln/family_care
.............................................................. familycareconnection@oregonstate.edu

Mon-Fri 8:00 am - 2:00 pm

**Self-Sufficiency Program, Department of Human Services (DHS):** Employment-Related Day Care (ERDC) provides child care subsidies for low-income working families.

*Newport:* 120 NE Avery St .................................................. 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

**Yachats Youth and Family Activities Program:** Provides a safe and supportive environment for children, advocates for youth and families, and provides and encourages activities that integrate youth into the community. After-school and summer programs, local educational and cultural opportunities, pre-school, family activities, indoor park, and emergency food.

*Yachats Commons,* 441 Hwy 101 N ......................................... 541-547-4599
www.yachatsyouth.org .......................................................... yapkids@peak.org
Mon-Fri 10:00 am - 5:00 pm
Mon-Fri 8:30 am - 4:30 pm – emergency food
Another Time Around Bargain Warehouse: Thrift shop.
   
   Newport: 710 NE 3rd St.............................................. 541-265-8989

Beachtown Charities Thrift Store: Clothing, shoes, housewares, garden
   and shop items, small furniture and appliances, sleeping bags and linens,
   collectibles, vintage items, jewelry, tools, and books.

   Lincoln City: 3110 SE Hwy 101................................. 541-921-2350
   www.beachtowncharitiesthriftstore.com
   Thu-Sat 11:00 am - 4:00 pm

Cheap Frills Resale Clothing:

   Newport: 817 SW Hurbert ........................................ 541-265-9588

Family Promise Thrift Store:

   Lincoln City: 5030 SE Hwy 101 .................. 541-992-1682 or 541-996-6939

Goodwill Industries Thrift Store:

   Lincoln City: 4157 NW Hwy 101.............................. 541-994-2435
   Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Inter-Christian Outreach: Operated by Salvation Army.

   Newport: 140 NE 4th St............................................. 541-265-6814
   www.newport.slavationarmy.org ... newport.corps@usw.salvationarmy.org
   Tue 9:00 am -12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm -
   1:00 pm)

Jonah's Whale:

   Newport: 614 SW Hurbert ........................................ 541-254-8569
   Mon-Fri 8:30 am - 3:30 pm

Methodist Thrift Store:

   Toledo: 123 N Main.................................................. 541-336-1925
   Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm

Old Nashville Store:

   Blodgett: 11611 Nashville Rd.............................. 541-456-2141
   Sun, Wed 11:00 am - 2:00 pm

The Pick of the Litter: Friends of the Lincoln County Animal Shelter and
   other local animals.

   Newport: South Fairgrounds Gate, 633 NE 3rd St............. 541-574-1861
   www.folcas.com
   Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

Rags to Riches:

   Newport: 724 SW Hurbert ........................................ 541-265-5541
   www.rags-to-riches.org

Salvation Army Clothes Closet:

   Newport: 24 SE 1st St.......................................... 541-265-6814
   Mon-Sat 9:30 am - 5:00 pm
Seventh Day Adventist Church:

*Lincoln City:* 2335 NE 22nd St ........................................... 541-994-6096
  Wed 9:00 am - 12:00 pm – clothing exchange

*Newport:* 558 NE 1st St .............................................. 541-265-2041
  Thu 3:00 pm - 6:00 pm – clothing give-away

**CRISIS INTERVENTION & ASSISTANCE**

*National Suicide Prevention Lifeline:* Toll-free ................. 800-273-8255

**DENTAL**

*Advantage Dental Clinic:* Accepts patients with Medicaid and Oregon Health Plan.
  *Newport:* 324 SW 7th St ............................................. 541-504-3900
  *Toll-free:* ........................................................................... 866-268-9616

*All City Denture Clinic:* Accepts patients with Medicaid and Oregon Health Plan.
  *Lincoln City:* 4840 SE Hwy 101 ........................................ 541-994-2477

*Bremer’s Denture Center:* Accepts patients with Medicaid and Oregon Health Plan.
  *Newport:* 160 NE 6th St ................................................ 541-265-8200

*Capital Dental Group:* Accepts patients with Medicaid and Oregon Health Plan.
  *Lincoln City:* 2825 W Devils Lake Rd .................................... 541-994-3033

*Community Outreach, Inc. (COI):* Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments ($20 fee at time of service).
  *Corvallis:* 865 NW Reiman Ave ......................................... 541-758-3000
  www.communityoutreachinc.org

*Geriatric Dental Group:* Full service, dentures, partials, crowns; must be at least 55 years old for appointment.
  *Portland:* 6319 SE Powell Blvd ......................................... 503-772-3677
  www.geriatricdental.org
  Mon-Fri 8:30 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

*Oregon Health and Science University School of Dentistry*
  *Portland:* 611 SW Campus Dr ............................................. 503-494-8867
  www.ohsu.edu/xd/education/schools/school-of-dentistry
  .......................................................... sodcontactus@ohsu.edu

*Sunrise Dental*
  *Portland:* 1320 SW 2nd Ave ............................................ 503-224-0133
  www.sunrisedental.com

*West Salem Dental Clinic:* 190 Kingwood Ave, NW ........... 503-378-7526
  www.northwesthumanservices.org .................. info@nwhumanservices.org
**DISABILITY**

**Disability Rights Oregon**

*Portland*: 610 SW Broadway, Ste 200.......................... 503-243-2081  
*Toll-free*: .................................................................................. 800-452-1694  
www.disabilityrightsoregon.org

**Progressive Options**: Assistive devices for disabled persons.  
*Newport*: 611 SW Hurbert St, Ste A .............................. 541-265-4674  

**Shangri-La**: Serves people with disabilities and disadvantages.  
*Newport*: 141 NW 11th St ........................... 541-265-4015  
www.shangrilaoregon.org

**EDUCATION**

**Charter Schools**

**Career Tech Charter High School**: A regionally accredited charter high school (grades 9-12) serving students through a carefully crafted program including traditional and technology-based education (on-site and on-line).  
*Lincoln City*: 801 SW Hwy 101, Ste 404............... 541-351-8551  
www.careertech.us ...................................................... office@careertech.us  
Mon-Fri 8:00 am - 5:00 pm

**Head Start**

**Community Services Consortium (CSC) Head Start of Lincoln County**: Pre-school program for low-income families.  
*Lincoln City*: 2130 SE Lee Ave ................................................. 541-996-3028  
*Newport*: 253 NE 1st St ................................................. 541-574-7690  
*Toledo*: 845 NW A St ................................................... 541-336-5113  
www.communityservices.us/education

**Other Education Resources**

**Angell Job Corps**: Free education and career technical training program administered by the United States Department of Labor that helps young people 16 to 24 years old improve the quality of their lives through career technical and academic training.  
*Yachats*: 335 NE Blodgett Rd .......................... 541-547-3137  
www.angell.jobcorp.gov
**Centro de Ayuda:** Non-profit educational organization with a primary purpose of serving as a center for cultural awareness and exchange; offers multi-cultural referral for emergencies, education, daily living, and community interaction.

*Newport:* 410 SW 9th St ................................................. 541-265-6216  
Mon-Fri 9:00 am - 5:00 pm

**Coastal Families Together:** Parenting education classes and support groups.

*Newport:* 351 SE Harney St .............................................. 541-574-4485  
www.coastalfamiliestogether.com .................................. cfthub@gmail.com

**Homeless Education & Literacy Project (HELP):** Operated through Lincoln County School District, works with students and/or families to eliminate barriers related to school attendance and success.

Homeless Program Coordinator ........................................ 541-265-4506

**HELP Centers:**

*Lincoln City:*
  Taft Elementary School, 4040 SE High School Dr .......... 541-996-4878

*Newport:*
  Newport Middle School, 825 NE 7th St ......................... 541-574-5824

*Toledo:*
  Toledo Junior Senior High School, 1800 NE Sturdevant Rd
  ................................................................. 541-336-4357

*Waldport:*
  Crestview Heights School, 32750 Crestline Dr ............. 541-563-8584

**School District Office** .............................................. 541-265-9211

www.lincoln.k12.or.us/dept_programs/help.php

**Libraries:**

*Lincoln City:* Driftwood Library, 801 SW Hwy 101 ........ 541-996-2277

  www.driftwoodlib.org ........................................ librarian@driftwoodlib.org

*Newport:* Newport Public Library, 35 NW Nye St .......... 541-265-2153

  www.newportoregon.gov/dept/lib

*Siletz:* Siletz Public Library, 255 S Gaither St ............ 541-444-2855

  www.cityofsiletz.org ........................................ siletz@siletzlibrary.org

*Toledo:* Toledo Public Library, 173 NW 7th St ............. 541-336-3132

  www.cityoftoledo.org/library ................................. library@cityoftoledo.org

*Waldport:* Waldport Public Library, 460 Hemlock ........... 541-563-5880

  www.waldportlibrary.org

*Yachats:* Yachats Public Library, 560 W 7th St ............ 541-547-3741

  www.yachatsoregon.org

**Oceana Family Literacy Center:** Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

*Lincoln City:* 561 SW 29th St ........................................ 541-921-1865

  www.oceanacenter.com ........................................ contact@oceanacenter.com
Oregon Coast Community College: College transfer courses, adult basic education, General Education Development classes.

   Central County/South Beach: 400 SE College Way .......... 541-265-2283
   North County/Lincoln City: 3788 SE High School Dr .......... 541-994-6222
   Small Business Development Center/Lincoln City:
      4788 SE High School Dr ........................................ 541-994-4166
   South County/Waldport: 3120 Crestline Dr .................... 541-563-4502
www.oregoncoastcc.org ........................................ occc@oregoncoastcc.org

Oregon State University (OSU) Extension Service: 4H clubs, agriculture and forestry workshops, Master Gardeners and Oregon Family Nutrition Programs, Extension Family Care Connection.

   Newport: 29 SE 2nd St ............................................. 541-574-6534
   www.extension.oregonstate.edu/lincoln
   Mon-Thu 8:00 am - 5:00 pm (closed 12:00 - 1:00 pm); Fri 8:00 am - 12:00 pm.

Seashore Family Literacy: A community-based, non-profit organization dedicated to helping children, adults, and families improve reading, writing, math, computer, and communication skills.

   Waldport: 125 W Spruce St .................................. 541-563-7323

EMPLOYMENT

Community Services Consortium (CSC): Provides job search assistance and/or job skills training for older youth, adults, and displaced workers. Youth (aged 16 to 21 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

   Newport: 120 NE Avery St .................................... 541-265-8505
   www.communityservices.us/jobs ........................ info@communityservices.us

Experience Works: Assists mature workers (55 years old and older) with employment search.

   Newport: 120 NE Avery St .................................... 541-265-8891 x338
   www.experienceworks.org
   Mon-Thu 9:00 am - 4:00 pm

Family Promise of Lincoln County:

   Lincoln City: 5030 SE Hwy 101 .................................. 541-614-0964
   www.familypromiseoflincolncounty.org

Goodwill Job Connection:

   Lincoln City: 41567 N Hwy 101 .................................. 541-994-9207
   Mon-Fri 9:00 am - 4:30 pm
Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St.......................................................... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Oregon Department of Human Services (DHS) Self-Sufficiency Program: Assists people to become independent, healthy, and safe through education and employment training opportunities.

Newport: 120 NE Avery St.................................................... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

Oregon Employment Department:
Lincoln City: 801 SW Hwy 101, Ste 102.......................... 541-994-6992
Mon and Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
Newport: 120 NE Avery .................................................... 541-265-8891
Mon-Fri 8:00 am - 5:00 pm
Unemployment questions: Toll-free........................................... 877-345-3484
www.worksourceoregon.org

Social Security:
Albany: 1390 Waverly Dr, SE, Ste 110
Toll-free.................................................................................. 800-772-1213

Vocational Rehabilitation:
Newport: 119 NE 4th St, Ste 1............................................. 541-265-7843
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
www.oregon.gov/dhs/employment/VR

FINANCIAL SERVICES

Self-Sufficiency Program, Oregon Department of Human Services (DHS): Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF); Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families; food benefits; and medical.

Newport: 120 NE Avery St.................................................... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

FOOD

Farmers' Markets:
Lincoln City Farmers' and Crafters' Market (year-round)
Lincoln City Cultural Center, 540 NE Hwy 101
Sun 10:00 am - 3:00 pm
Newport Farmers' Market (May to Oct)  
Intersection of Hwy 101 and Agate Street  
Sat 9:00 am - 1:00 pm

Newport Farmers' Market (Nov to Apr)  
Lincoln County Fairgrounds Exhibit Hall (3rd St)  
Sat 10:00 am - 2:00 pm

Toledo Street Market (Jun to Sep)  
Main Street  
Thu 10:00 am - 3:00 pm

Waldport Wednesday Market (May to Oct)  
Waldport Community Center, 265 E Hwy 34  
Wed 10:00 am - 4:30 pm

Yachats Farmers' Market (May to October)  
4th St next to Yachats Commons  
Sun 9:00 am - 2:00 pm

Food Stamps Self-Sufficiency Program (SNAP), Department of Human Services (DHS): Available to individuals and families. Call for appointment.

Newport: 120 NE Avery St .......................................................... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St .......................................................... 541-265-6814  
www.newport.salvationarmy.org... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Yachats Youth and Family Activities Program: Emergency food.

Yachats Commons, 441 Hwy 101 N .................................................. 541-547-4599  
www.yachatsyouth.org .......................................................... yapkids@peak.org  
Mon-Fri 8:30 am - 4:30 pm

FOOD PANTRIES

Coastal Range:

Blodgett: Old Nashville Store, 11611 Nashville Rd ............ 541-456-2141  
Sun, Wed 11:00 am - 2:00 pm

Depoe Bay:

Bayside Chapel, 145 Collins St .................................................. 541-270-3404  
Wed 3:00 pm - 5:30 pm

Food Share of Lincoln County:

Newport: 535 NE 1st St .......................................................... 541-265-8578  
Toll-free: ........................................................................ 800-939-FOOD (3663)  
www.foodsharelincolncounty.org .......... info@foodsharelincolncounty.org  
Mon-Fri 8:30 am - 4:30 pm
Lincoln City:
Coast Vineyard Church, 1505 NE 6th Dr ....................... 541-994-3699
Tue, Thu 2:00 pm - 6:00 pm; last Sat of each month 10:00 am - 12:00 pm

Newport:
Newport Food Pantry, 227 NE 12th St ........541-270-0842 or 541-992-5723
www.newportfoodpantry.org ...................... info@newportfoodpantry.org
Tue, Wed 2:00 pm - 4:00 pm; Thu 5:00 pm - 7:00 pm; Sat 10:00 am - 12:00 pm

Produce Plus: A supplemental food program.
Newport: Calvary Baptist Church, 903 SW Alder St ........ 541-265-8578
Fri 1:00 pm - 3:00 pm

Siletz:
Siletz Valley School, 245 NW James Frank Ave ............... 541-270-4993
Call for hours of service.

Toledo:
Trinity United Methodist Church, 383 NE Beech ............. 541-270-7921
Tue 1:00 pm - 3:00 pm; Thu 5:30 pm - 7:00 pm

Waldport:
3710 Crestline ....................................................... 541-563-2508
Tue, Thu 1:00 pm - 3:00 pm; first Sat 11:00 am - 1:00 pm

Yachats Youth and Family Activities Program: Emergency food.
Yachats Commons 441 Hwy 101 N ......................... 541-547-4599
www.yachatsyouth.org ........................................ yapkids@peak.org
Mon-Fri 8:30 am - 4:30 pm

**FOOD – SOUP KITCHENS & MEAL SITES**

Lincoln City:
Agape Fellowship, 4939 SW Gallery Ave .................... 541-994-3166
 Thu 12:00 pm - 3:00 pm
St. James Episcopal Church, 2490 NE Hwy 101 ............ 541-994-2426
 Mon and Thu 5:00 pm - 6:30 pm; Sat 9:00 am - 10:00 am

Newport:
Atonement Lutheran Church, 2315 N Coast Hwy .......... 541-265-2554
 4th Thu of each month 6:00 pm (suspended during summer months)
Calvary Baptist Church, 903 SW Alder ..................... 541-265-5232
 Wed 4:30 pm - 5:30 pm; Sun 12:15 pm - 1:00 pm
Newport First Baptist Church, 208 NW 6th St .............. 541-265-5811
 3rd Sat of each month 8:30 am - 11:00 am
St. Stephen's Episcopal Church, 410 SW 9th St ............ 541-265-5251
 Mon 5:30 pm - 6:30 pm
Siletz:
Little Chief Restaurant, 201 SE Gaither St ....................... 541-444-2626
Sep to Jun 2nd Mon of each month 4:30 pm - 6:00 pm
Siletz Gospel Tabernacle Assembly of God Church, 164 NE Palmer St ......................... 541-444-2564
last 2 Thu of each month, 5:00 pm - 7:00 pm

Waldport:
Community Presbyterian Church, 485 NE Bay St ............... 541-563-2168
Sat 9:30 am - 10:00 am
Tue 6:00 pm – Feed and Read Program

Inter-Christian Outreach: Operated by Salvation Army.
Newport: 140 NE 4th St .................................................. 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Lincoln City Senior Center: 2150 NW Oar Pl ...................... 541-994-2722
Mon, Wed, Fri 12:00 pm - 1:00 pm; $3.50 donation

Meals on Wheels: Meals delivered Monday, Wednesday, Friday.
Lincoln City ................................................................. 541-994-7731
Newport ................................................................. 541-574-0669
Siletz (Monday, Wednesday only) ......................... 541-444-9169
Toledo (Friday only) .................................................. 541-336-2450
Waldport ........................................................................ 541-563-8796

Meals on Wheels – Dining Site: Coordinated through Cascades West Council of Governments (COG).
Lincoln County: Toll-free .................................................................. 800-282-6194
www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/
................................................................. adreemail@ocwcog.org

Lincoln City: Lincoln City Community Center
2150 NE Oar Pl ................................................................. 541-994-7731
Mon, Wed, Fri 12:00 pm

Newport 60+ Activity Center: 20 SE 2nd St ................. 541-265-9617
Mon, Wed, Fri 12:00 pm - 1:00 pm; $3.50 donation

FOOD & FIREWOOD GLEANING

Angell Job Corps: Occasional supply of firewood. Referral required.
Yachats: 335 NE Blodgett Rd .............................................. 541-547-3137
www.angell.jobcorp.gov

FURNITURE & HOUSEHOLD ITEMS

Another Time Around Bargain Warehouse: Thrift shop.
Newport: 710 NE 3rd St ...................................................... 541-265-8989
Beachtown Charities Thrift Store: Housewares, small furniture and appliances, clothing, shoes, garden and shop items, sleeping bags and linens, collectibles, vintage items, jewelry, tools, and books.

*Lincoln City: 3110 SE Hwy 101* ............................................ 541-921-2350
www.beachtowncharitiesthriftstore.com
Thu-Sat 11:00 am - 4:00 pm

**Family Promise of Lincoln County Thrift Store:**

*Lincoln City: 5030 SE Hwy 101* ............................................ 541-996-6939
www.familypromiseoflincolncounty.org

**Goodwill Industries Thrift Store:**

*Lincoln City: 4157 NW Hwy 101* ............................................ 541-994-2435
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

**Jonah's Whale:**

*Newport: 614 SW Hurbert* ............................................ 541-254-8569
Mon-Fri 8:30 am - 3:30 pm

**Methodist Thrift Store:**

*Toledo: 123 N Main* ............................................ 541-336-1925
Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm

**Old Nashville Store:**

*Blodgett: 11611 Nashville Rd* ............................................ 541-456-2141
Sun, Wed 11:00 am - 2:00 pm

**The Pick of the Litter:**

*Newport: 633 NE 3rd St* ............................................ 541-574-1861
www.folcas.com
Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

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**GAMBLING**

**Gambling Hotline:** National Council on Problem Gambling.
*Toll-free* ............................................ 800-233-8479

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**HOUSING**

**Community Development Corporation of Lincoln County:** Preserves, constructs, and rehabilitates housing units to provide rental and home ownership opportunities for people unable to afford market-rate housing; advocates and facilitates development of safe, decent shelter, maintaining long-term affordability of the housing stock.

*Newport: 7450 NW Avery St, Ste A* ............................................ 541-574-0320
www.lincolncdcd.org ............................................ info@lincolncdcd.org
**Community Services Consortium (CSC):** Offers a variety of housing services to clients with housing needs.

- **www.communityservices.us** .............................. info@communityservices.us
- **Energy Assistance:** Assistance with heating, electricity, and water utilities.
  - **Newport:** 120 NE Avery St................................................. 541-265-3293
- **Emergency and Transitional Housing Programs:** Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent affordable housing. Rental deposit assistance.
  - **Newport:** 120 NE Avery St................................................. 541-265-8505
- **Supportive Services for Veterans Families:** Promotes housing stability for very-low-income veteran families residing in or transitioning to permanent housing.
  - **Newport:** 120 NE Avery St................................................. 541-265-8505
  ................................................................................ ssfvf@communityservices.us
- **Weatherization Program:** Free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.
  - **Newport:** 120 NE Avery St................................................. 541-265-8505

**Family Promise of Lincoln County:** Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

- **Lincoln City:** 5030 SE Hwy 101 ............................................. 541-992-1682
- Thrift Store............................................................................... 541-996-6939
  www.familypromiseoflincolncounty.org

**Habitat for Humanity of Lincoln County:**

- **Newport:** 227 NE 12th St..................................................... 541-574-4437
  www.hfhlc.org
  Mon-Fri 9:00 am - 4:00 pm

**Housing Authority of Lincoln County:** Provides housing assistance and classroom training to low-income individuals.

- **Newport:** 1039 NW Nye St...................................................... 541-265-5326
  www.halc.info

**Inter-Christian Outreach:** Operated by Salvation Army.

- **Newport:** 140 NE 4th St............................................................. 541-265-6814
  www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
  Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Northwest Coastal Housing:** Develops and manages low-income housing; assists clients with home-ownership opportunities.

- **Newport:** 7450 NE Avery St, Ste A ........................................ 541-574-0320
  www.nwcoastalhousing.org ................................................. acctg@nwcoastalhousing.org
**Samaritan House Family Shelter:** Temporary emergency shelter and transitional housing for families; educates and guides homeless families with children (under 18 years old) toward independent living.

*Newport:* 715 SW Bay St................................................................. 541-574-8898
www.samfamshelter.org ........................................... info@samfamshelter.org
Mon-Thu 9:00 am - 5:00 pm

**Viridian Management:** Manages low-income senior and family housing; properties in Lincoln City, Newport, and Waldport .............. 541-895-8801
www.viridianmgmt.com

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**Rehabilitation**

**Habitat for Humanity of Lincoln County:**

*Habitat ReStores:*

*Lincoln City:* 2150 SE Hwy 101.................................................. 541-614-1060
Thu-Sat 10:00 am - 5:30 pm

*Newport:* 133 SE 1st St .............................................................. 541-264-8585
Thu-Sat 10:00 am - 5:30 pm

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**INFORMATION & REFERRAL**

**211.org** ......................................................................................... 2-1-1
www.211info.org .................................. text ZIP Code to 898211 for mobile service
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

**American Red Cross:**

*Newport:* 308 SW Coast Hwy ......................................(call first) 541-265-7182
www.redcross.org ................................................... willamette.frontdesk@redcrossorg

**Angels Anonymous:** Provides immediate and basic services for those in need while complimenting existing services and helps clients find solutions for long-term problems. Referrals only.

*Lincoln City* ............................................................................. 541-992-4625
www.angelsanonymousinc.com

**Bright Horizons Therapeutic Riding Center:** Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

*Siletz:* Walker Farms, 1925 E Logsden Rd ......................... 541-961-4156
Barn (only answered on riding days) .......................... 541-444-2021
www.brighthorizonsriding.org .................. contact@brighthorizonsriding.org

**Community Outreach, Inc. (COI):**

*Corvallis:* 865 NE Reiman Ave ............................................... 541-758-3000
www.communityoutreachinc.org
Confederated Tribes of Siletz Indians: Tribal members may access health care, education, housing, and employment services.

Siletz: 201 SE Swan Ave ................................................................. 541-444-2532
Satellite offices in Portland, Eugene, and Salem.
Toll-free.......................................................................................... 800-922-399
Mon-Fri 8:00 am - 4:30 pm
USDA Food Program: 815 Logsden Rd ........................................ 541-444-8393
1st and 2nd weeks of each month 8:00 am - 4:30 pm
www.ctsi.nsn.us

Family Promise of Lincoln County: .............................................. 541-992-1682
www.familypromiseoflincolncounty.org

Salem............................................................................................... 503-945-6904
Toll-free.......................................................................................... 800-442-5238
www.oregon.gov/dhs/aboutdhs/pages/gao...................... dhs.info@state.or.us

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.
Newport: 140 NE 4th St................................................................. 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Newport Fishermen's Wives: Organization of fishermen's wives, mothers, daughters, and friends supporting community; helping further the fishing industry, safety, seafood education, and family support............ 41-264-5890
www.newportfishermenswives.com
.......................................................................................... newportfishermenswives@gmail.com

Oregon Coast Therapy Animals:
Newport: ........................................................................................ 541-270-3339

Oregon Lifeline (Oregon Telephone Assistance Program): Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by $12.75.
Toll-free.......................................................................................... 800-848-4442
www.puc.state.or.us/rspf/otap

Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties: Gardening and 4H program.
Newport: 1211 SE Bay Blvd....................................................... 541-265-2558
Toll-free........................................................................................ 800-603-2728
Mon-Fri 8:00 am - 2:00 pm
Public Swimming Pools:
Lincoln City: 2150 NE Oar Pl.............................................. 541-994-2131
www.lincolncity.org
Newport: 1212 NE Fogarty St........................................... 541-265-7783
www.newportoregon.gov/dept/par/ac
Toledo: 174 NW 7th St...................................................... 541-336-3181
www.cityoftoledo.org/swimmingpool

Salvation Army Bay Community Corps: Clothing assistance, seasonal
assistance (Thanksgiving and Christmas), summer camp.
Newport: 140 NE 4th St..................................................... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm -
1:00 pm)

Self-Sufficiency Program, Department of Human Services (DHS):
Newport: 120 NE Avery St................................................. 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

Small Business Development Center:
Lincoln City: Oregon Coast Community College North County Center
3788 SE High School Dr.................................................... 541-994-4166

South Lincoln Resources: Coordinates and provides service programs for
charitable activities and works with other service groups to benefit the South
Lincoln County community; free household furniture and appliances,
durable medical equipment, holiday food baskets, clothing.
Waldport: 3710 Crestline Dr...........................(leave message) 541-563-2388
www.southlincolnresources.org..................info@southlincolnresources.org
Tue, Thu 3:00 pm - 4:30 pm

Translation: Centro de Ayuda; information and referral interpreting
medical and legal appointments.
Newport: St. Stephen's Episcopal Church, 410 SW 9th St .... 541-265-6216
www.cdanewport.org
Mon-Fri 9:00 am - 5:00 p m

Victim Assistance Program:
Newport: Lincoln County District Attorney's Office
225 W Olive St, Rm 100...................................................... 541-265-3462
www.doj.state.or.us/victims/pages/assistance
Support Groups

**Family Caregivers:** Oregon Cascades West Council of Governments (COG) District 4; Lincoln City Seniors and Disability Services; Aging and Disability Resource Connection of Oregon.

*Toledo:* 203 N Main ............................................................... 541-574-3743
*Statewide* ............................................................................. 541-967-8630
*Toll-free* ................................................................................ 855-673-2372

www.ocwcog.org/seniors-disability/caregivers/caregiver-support/

**Family Caregivers:** Samaritan Health Services.

*Lincoln City:* Samaritan North Lincoln Hospital
3100 NE 28th St ................................................................. 541-996-7328
www.samhealth.org

*Newport:* ............................................................................. 541-574-3743 or 541-574-4921

**Grief:** Samaritan Health Services.

*Lincoln City:* Samaritan North Lincoln Home Health and Hospice
3100 NE 28th St ................................................................. 541-996-7328

*Newport:* Samaritan Pacific Home Health and Hospice
749 SW 11th St ................................................................... 541-574-1811
www.samhealth.org

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**LEGAL & MEDIATION ASSISTANCE**

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St ..................................................... 541-265-6814
www.newport.slavationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Legal Aid Services of Oregon:** Free legal assistance to low-income Oregonians.

*Newport:* 304 SW Coast Hwy .............................................. 541-265-5305
*Toll-free* ................................................................................ 888-222-3884

**Child Support Help Line** .................................................. 800-383-1222
**Public Benefit Hotline** .................................................. 800-520-5292

www.oregonlawhelp.org
Mon-Wed 10:00 am - 2:00 pm

**Lincoln Community Dispute Resolution:** Third-party mediator; facilitates discussions of two or more parties with the objective of reaching a voluntary agreement.

*Newport:* 404 NE 2nd St ..................................................... 541-574-9876
Lincoln County District Attorney's Office Victims Assistance: Assists crime victims with information about rights and their cases, compensation applications, property returns, and determining restitution amounts
Newport: 225 W Olive St, Rm 100........................................ 541-265-3462
www.co.lincoln.or.us/da

MEDICAL

Acquired Immune Deficiency Syndrome (AIDS):
Coastal AIDS Network
Lincoln City: 3128 NE Hwy 101, Ste 202 ...................... 541-994-5597
........................................................................................coastalaidsnetwork@gmail.com
Hotline: Toll-free ........................................800-777-2437 or 800-588-2437

Adeo in Home Care: Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.
644 SW Coast Hwy, Ste J.............................................. 541-574-8660
www.adeohomecare.com

Aging Wisely with Heartfelt Hands, Inc.: Provides independence and safety at home for seniors; free home safety assessments by a Registered Geriatric Nurse.
Newport: 1007 SW Abbey St........................................... 541-265-8530
www.agingwiselyoregon.org

Hospice:
Lincoln City:
Samaritan North Lincoln Hospice, 3011 NW 28th St ........ 541-996-7328
Newport:
Samaritan Pacific Hospice, 749 SW 11th St..................... 541-574-1811

Hospitals:
Lincoln City: Samaritan North Lincoln Hospital
3043 NW 28th St............................................................ 541-994-3661
Newport: Samaritan Pacific Communities Hospital
930 SW Abbey St........................................................ 541-265-2244
www.samhealth.org
Lincoln Community Health Centers: .......................... 541-265-4947
Lincoln City: 4422 NE Devil's Lake Blvd, Ste 2
   Mon-Fri 8:00 am - 5:00 pm
Newport: 1010 SW Coast Hwy, Ste 203
   Mental Health (adults).......................... 541-265-4196
   Mental Health (children)...................... 541-265-4179
      includes Parent Child Interaction Therapy (PCIT)
   Primary Care.................................................. 541-265-4947
   Public Health .............................................. 541-265-4112
   Mon, Tue, Thu, Fri 8:00 am - 5:00 pm
Lincoln County Health and Human Services:
Lincoln City: 4422 NE Devils Lake Blvd Ste 2
   Mental Health ............................................. 541-265-4196
   Women, Infants, and Children (WIC) .......... 541-265-0578
Newport: 36 SW Nye.......................................... 541-265-4190
   Adult Mental Health ................................. 540-574-5960
      24-hour crisis line Toll-free .................... 866-266-0288
   Alcohol and Drug ...................................... 541-265-4179
   Children's Behavioral Health ..................... 541-265-4179
   Environmental Health ............................. 541-265-4127
   Family Planning Service .......................... 541-265-4947
   Mental Health ............................................. 541-265-4179
   Primary Care .............................................. 541-265-4947
   Public Health (communicable disease, vaccinations) 541-265-4112
   School-Based Health Centers ..................... 541-265-0581
   Women, Infants, and Children (WIC) ......... 541-265-4163
   www.lincolncountyhealth.com .................. lehhs@co.lincoln.or.us
   Mon-Fri 8:00 am - 5:00 pm
Medicare Prescription Drug Program (Part D): ......... 800-633-4227
   www.medicare.gov

National Alliance on Mental Illness (NAMI):
Portland: 4701 SE 24th Ave, Ste E ..................... 503-230-8009
   Toll-free..................................................... 800-343-6264
   www.namior.org ........................................... namioregon@namior.org
Local Support Group: Florence .......................... 541-902-8308

National Suicide Prevention Lifeline: Toll-free ....... 800-273-TALK (8255)
Newport Lions Club: Free screenings for vision and hearing; recycle
   program for glasses, hearing aids, and cellphones. .......... 541-574-4070
   www.newportlions.org
Oregon Long-Term Care Ombudsman: Works to enhance the quality of life and improve the quality of care for residents of Oregon's long-term care facilities.

Salem: 3855 Wolverine St, NE, Ste 6......................... 503-378-6533
Toll-free ............................................................................. 800-522-2602
www.oregon.gov/LTCO ................................................ info@ltco.state.or.us

Oregon Prescription Drug Program: Cannot be used with any other program.
Toll-free ............................................................................. 800-913-4146
www.oregon.gov

Planned Parenthood: Toll-free .................800-230-7526 or 888-576-7526
www.plannedparenthood.org

Samaritan Health Services Clinics:
Depoe Bay: 531 N Hwy 101, Ste A ................................. 541-765-3265
Mon-Fri 8:00 am - 5:00 pm
Lincoln City: 825 NW Hwy 101 ................................. 541-996-7480
Mon-Fri 8:00 am - 5:00 pm; Sat-Sun 9:00 am - 5:00 pm
Newport: 930 SW Abbey, Ste F ................................. 541-574-4860
Mon-Fri 9:00 am - 6:30 pm (closed 12:00 pm - 1:00 pm); Sat 10:00 am - 4:00 pm
Toledo: 199 W Hwy 20 .................................................. 541-336-5181
Mon-Fri 8:00 am - 5:00 pm
Waldport: 150 SW Hwy 101........................................ 541-563-3197
Mon-Fri 8:30 am - 5:00 pm

Senior Health Insurance Benefits Assistance (SHIBA):
Toledo: 203 N Main St ................................................... 541-574-2684

Siletz Community Health Clinic:
200 Gwee-Shut Rd .............................................................. 541-444-1030
Toll-free ............................................................................. 800-648-0499
www.ctsi.nsn.us

Veterans' Clinic: Treats all conditions; referrals to Portland Veterans' Administration hospital.
Lincoln City: 4422 NE Devils Lake Blvd, Ste 2 .................. 541-265-0547
Fri 8:00 am - 4:30 pm (no emergency services)
Newport: 1010 SW Coast Hwy, Ste 203 ......................... 541-265-4182
Mon-Thu 8:00 am - 4:00 pm (by appointment only)
Mon-Thu 8:00 am - 2:30 pm – blood draw

Zenni Optical: Discounted prices; prescription required.
Toll-free ............................................................................. 800-211-2105
www.zennioptical.com
Durable Medical Equipment

Lincoln City:
North Coast Home Care................................................................. 541-996-5102

Newport:
American Legion Post 116, 424 W Olive St................................. 541-265-9017
North Coast Home Care, 27 N Coast Hwy ................................. 541-265-2888
www.nchc.net
Newport 60+ Activity Center, 20 SE 2nd St............................... 541-265-9617
www.newportoregon.gov/dept/par/sc/

South Beach:
Lincare, 3503 S Coast Hwy, Ste A .............................................. 541-867-6111
www.lincare.com

Toledo:
Toledo Elks, 123 SE Alder St .................................................... 541-336-2276
............................................................. toledoelks1664@hotmail.com

Waldport:
South Lincoln Resources, 3710 Crestline Dr
................................................................(leave message) 541-563-2388
www.southlincolnresources.org ............. info@southlincolnresources.org
Tue, Thu 3:00 pm - 4:30 pm

Sexually Transmitted Disease (STD)

Oregon Human Immunodeficiency Virus (HIV)/STD Hotline: Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project
Portland: 208 SW 5th Ave, Ste 800 ............................................ 503-223-2437
Toll-free................................................................. 800-777-AIDS (2437)
En Español: ................................................................. 800-499-6940

Support Groups

Alzheimer's Association:
Oregon Chapter: Salem:............................................................. 503-371-7728
Toll-free: ................................................................. 800-272-3900
www.alz.org/oregon
Lincoln City: Samaritan North Lincoln Hospital
3100 NE 28th St..................................................................... 541-996-7328
www.samhealth.org

American Cancer Society: Toll-free ............................................. 800-277-2345
www.cancer.org

Cancer: Pacific Communities Health District ......................... 541-574-4921
Parkinson's:
*Lake Oswego:* 3975 Mercantile Dr, Ste 154 .......................... 503-594-0901
*Toll-free:* ............................................................................. 800-426-6806
www.parkinsonsresources.org .................. info@parkinsonsresources.org
*Portland:* Parkinson's Center of Oregon, Center for Health and Healing,
Oregon Health and Science University
3181 SW Sam Jackson Park Rd................................. 503-494-7231
www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/
parkinsons

Prostate Cancer:
*Newport:* Samaritan Pacific Communities Hospital
930 SW Abbey St ............................................................... 541-265-2244
www.samhealth.org

Stroke: American Stroke Association
*Toll-free:* ..........................................................888-478-7653 or 800-242-8721
www.strokeassociation.org

Willamette Valley Cancer Foundation: Offers numerous support groups for cancer patients and their families.
*Lincoln City:* call for information .......................................... 541-996-6450
*Newport:* call for information ............................................ 541-574-4921
www.willamettevalleycancerfoundation.org

MEDICAL HEALTH INSURANCE

Oregon Health Authority: Community Services Consortium (CSC) is a certified Oregon Health Authority community partner for Lincoln County. Staff can provide information about Oregon Health Plan insurance and assist with submitting coverage applications.
*Newport:* 120 NE Avery St .................................................... 541-574-2279
www.communityservices.us

Oregon Health Care
*Toll-free:* ............................................................................. 800-699-9075
www.oregonhealthcare.gov .................. info.marketplace@oregon.gov

PREGNANCY & PARENTING SUPPORT

Birthright International: Provides support to women with unplanned pregnancies.
*Newport:* 145 NW 10th St .................................................... 541-265-2404
Helpline: *Toll-free* .......................................................... 800-550-4900
www.birthright.org
Mon-Fri 10:00 am - 1:00 pm

Planned Parenthood: *Toll-free* ............................................. 800-230-7526
www.plannedparenthood.org
Adeo in Home Care: Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.

Newport: 644 SW Coast Hwy, Ste J ............................................. 541-574-8660
www.adeohomecare.com

Aging Wisely with Heartfelt Hands: Provides independence and safety at home for seniors.

Newport: 1007 SW Abbey St....................................................... 541-265-8530
www.agingwiselyoregon.org

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St............................................................. 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Lincoln City Community Center: Recreation center.

2150 NE Oar Pl ........................................................................ 541-994-2131
www.lincolncity.org

Lincoln City Senior Center: Variety of daily activities for people 50 years old and older; coffee and snacks.

2150 NW Oar Pl ........................................................................ 541-994-2722
Mon-Fri 8:00 am - 4:00 pm; Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm
Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; $3.50 donation
www.lincolncity.org

Meals on Wheels: Meals delivered Monday, Wednesday, Friday.

Lincoln City ................................................................. 541-994-7731
Newport ................................................................. 541-574-0669
Siletz (Mon, Wed only) ............................................................. 541-444-9169
Toledo (Fri only) ................................................................. 541-336-2450
Waldport ........................................................................ 541-563-8796

Newport 60+ Activity Center: Daily activities for seniors 60 years old and older.

20 SE 2nd St ........................................................................ 541-265-9617
www.newportoregon.gov
Mon-Fri 9:00 am - 5:00 pm
Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; $3.50 donation
Retired and Senior Volunteer Program (RSVP): Medical transportation for seniors to non-emergency appointments in Lincoln County (donation required); prescription program enrollment assistance; free grab bar and other durable equipment; Friendly Visitor Program for isolated seniors; volunteers to organizations in need.

Toledo: 203 N Main St........................................................... 541-574-2684
www.rsvpoflbl.org ........................................................... rsvp@ocwcog.org
Mon-Fri 8:30 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Senior Companion and Foster Grandparent: Sponsored by Samaritan Health Services. Senior Companions at least 60 years old, unemployed, and physically able to serve 15-40 hours per week; assist adults to live independently in their homes.

Newport: 140 NE 4th St........................................................... 541-574-4714
To receive services (Oregon Cascades West Council of Governments (COG) Toledo office)............................................................. 541-336-2289
www.samhealth.org

Senior Health Insurance Benefits Assistance (SHIBA):

Toledo: 203 N Main St........................................................... 541-574-2684

Senior Housing:
Viridian Management ............................................................ 541-895-8801
www.viridianmgmt.com

Senior Meals Location Program:

Lincoln City: Lincoln City Community Center, 2150 NE Oar Pl
........................................................... 541-994-2722
www.lincolncity.gov/dept/parks-and-rec/community-center
Mon, Wed, Fri 12:00 pm - 1:00 pm

Newport: Newport Senior Activity Center, 20 SE 2nd St...... 541-265-9617
www.newportoregon.gov
Mon, Wed, Fri 12:00 pm - 1:00 pm

Siletz: Tribal Community Center ........................................... 541-270-7416
Mon, Wed 12:00 pm

Toledo: Trinity Methodist Church, 383 NE Beech St............ 541-270-7416
Fri 12:00 pm

Waldport: South County Community Center, 265 W Hemlock St
........................................................... 541-563-8796
Mon, Wed, Fri 12:00 pm

Senior Services: Oregon Cascades West Council of Governments (COG); senior information and referral; assistance with Medicaid, food stamps, and Oregon Health Plan; Adult Protection Services and Elder Abuse, management of in-home care, assistance finding long-term care.

Toledo: 203 N Main St........................................................... 541-336-2289
www.ocwcog.org
Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
Social Security:
  Albany: 1390 Waverly Dr, SE, Ste 110
  Toll-free: 800-772-1213

SHELTERS FOR HOMELESS

Family Promise of Lincoln County: Provides overnight lodging with host families.
  Lincoln City: 5030 SE Hwy 101 ......................... 541-614-0964
    www.familypromiseoflincolncounty.org .............. fplc.director@gmail.com
Lincoln City Warming Shelters: Late-Nov through late-Mar when weather is determined to be freezing or colder. Shelter open dates announced one week in advance.
    www.fosteringcommunity.wixsite.com/warmingshelter
   lincolncitywarmingshelter@gmail.com
Samaritan House Family Shelter: Sheltering, educating, and guiding homeless families with children (under 18 years old) toward independent living.
  Newport: 715 SW Bay St .................................. 541-574-8898
    www.samfamshelter.org ............................... info@samfamshelter.org
    Mon-Thu 9:00 am - 5:00 pm

TRANSPORTATION

Cascades West Ride Line: Arranges non-emergency medical transportation for Medicaid and Oregon Health Plan+ registered clients; schedule a week in advance; limited availability; after-hours non-emergency transportation available.
  Toll-free: 866-724-2975
  Mon-Fri 8:00 am - 5:00 pm
Fee-Based Non-Emergency Transport Providers:
  Coast-to-Valley Express: Connects Albany, Corvallis, Philomath, Eddyville, Toledo, and Newport; daily connections to Amtrak Cascades Albany Station.
    Lincoln County Transit: 410 NE Harney St, Newport ...... 541-265-4900
    www.co.lincoln.or.us/transit
  Easy Ride: ................................................. 541-265-8740
  Greyhound Valley Retriever Buslines: .................. 541-265-2253
  Pacific West Ambulance: ...............................541-265-3175 or 541-994-6690
Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services. Provides tickets for local public transportation system.

Newport: 140 NE 4th St .......................................................... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Lincoln County Transit: Inter-city transportation (Yachats, Siletz, Rose Lodge), Coast to Valley.

Newport: 410 NE Harney St .................................................. 541-265-4900
Dial-a-Ride (schedule in advance) ........................................ 541-265-4900
www.co.lincoln.or.us/transit
Mon-Sat 7:00 am - 6:00 pm

Oregon Department of Transportation: Road reports.
Toll-free ............................................................................ 800-977-6368

Pacific West Ambulance:
Lincoln City: 2801 NE 22nd St ............................................. 541-994-6690
Newport: 609 NW Coast St .................................................. 541-265-3175
www.pacificwestus.com

Veteran Services of Oregon:
DAV Service Van (request 72 hrs in advance)
Toll-free ............................................................................. 800-949-1004 x 57804

Cabs/Taxis

Coastal Cab of Lincoln City ................................................. 541-614-2014
Come and Get Me Cab Company of Lincoln City ............... 541-996-6050
Happy Cab of Lincoln City .................................................. 541-996-8294
Lincoln City Cab Company .................................................. 541-996-2003
Tony's Taxi of Lincoln City .................................................. 541-921-3866
Yaquina Cab Company ......................................................... 541-265-9552

UTILITIES

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.
Newport: 140 NE 4th St .......................................................... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)
Oregon Lifeline (Oregon Telephone Assistance Program): Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by $12.75.

_Toll-free_ .......................................................... 800-848-4442

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**VETERANS**

Veterans' Clinic

_Newport:_ 1010 SW Coast Hwy, Ste 203 .................. 541-265-4182
Mon-Thu 8:00 am - 4:00 pm

_Veteran Services of Oregon:_ Veteran benefit information.

_Lincoln County/Newport:_ 611 SW Hurbert, Ste C ............. 541-574-6955
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

DAV Service Van (transport to Veterans' Administration in Portland; request 72 hrs in advance)

_Toll-free_ ........................................................................... 800-949-1004 x57804

www.va.gov or www.co.lincoln.or.us/veteran .......... vets@co.lincoln.or.us